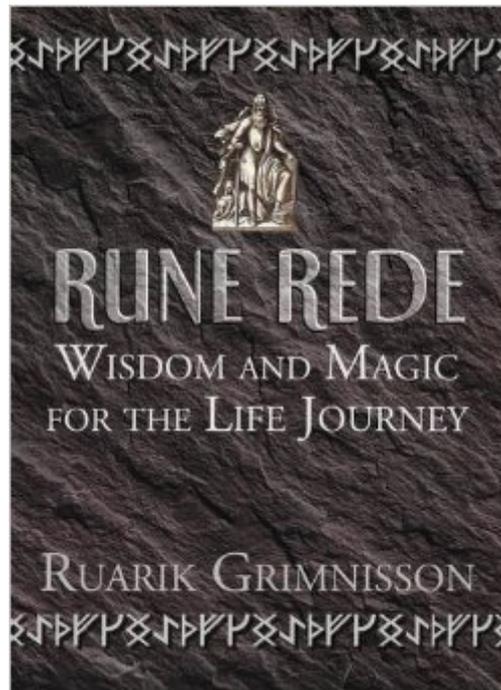


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# Rune Rede: Wisdom And Magic For The Life Journey



## Synopsis

The author of this book, Ruarik Grimmnisson, has taken a step further than many authors who write on the runes and runic studies. Here, Ruarik takes an overview of the runes and the forces at work within the universe and then steps in closer to each one, giving the reader that extra which actually encourages further study without blowing all the mystery. I've been using runes for many years myself and still found the book to hold several new things for me. On the whole, very well written, in depth without being overly scholarly, and an ideal addition to the book hoard of any rune enthusiast or serious practitioner. Also has some very beautiful artwork.

## Book Information

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## Customer Reviews

This book is unique in its genre. Although necessarily speculative in nature, it is the product of both detailed academic research, and a long practical experience with runes, magic, and spiritual development. Having read most of the better known authors on runes (Blum, Thorsson, Howard, Pennick, etc), the more New-Agey tend to be poorly researched, while the more historical tend to lack much of an understanding of the psyche. The most dangerous are those that invent plausible sounding systems cobbled together from a mix of historical sources and suspect occult paths. Rune Rede contains a mix of research, experience, common sense, and deep wisdom. It is influenced by Thorsson's ideas, but does a much better job of it. This will not satisfy those looking for a more historical approach, but if you want ideas for the modern uses of runes in psychological and spiritual ways, Rune Rede is the best available. Sweyn Plowright author of *The Rune Primer: A Down to Earth*

## Guide to the Runes

The author of this book, Ruarik Grimmnisson, has taken a step further than many authors who write on the runes and runic studies. Here, Ruarik takes an overview of the runes and the forces at work within the universe and then steps in closer to each one, giving the reader that extra which actually encourages further study without blowing all the mystery. I've been using runes for many years myself and still found the book to hold several new things for me. On the whole, very well written, in depth without being overly scholarly, and an ideal addition to the book hoard of any rune enthusiast or serious practitioner. Also has some very beautiful artwork.

Ruarik Grimmnisson's scholarship level is excellent. This book is clear, historically accurate and one of the best books on runes that I've found.

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