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PsychNotes: Clinical Pocket Guide, 4th Edition (Davis's Notes)
Synopsis

A Davis’s Note Book! Includes DSM-5 Content and is the First Place winner of the 2013 AJN Book of the Year Award in Psychiatric and Mental Health Nursing! This pocket guide delivers quick access to need-to-know information on basic behavioral theories, mental health assessments including screening tools (depression, anxiety, suicide, postnatal and geriatric depression, alcohol, hoarding and others), key aspects of psychiatric and crisis interventions, updated and "at your fingertips" key psychotropic information, terrorism, PTSD and Military, labs/tests, and client education and much more! The 4th Edition has been thoroughly updated to deliver even more resources and tools, plus new DSM-5 content. "Psych Notes is packed with all of the essential content necessary to REVIEW (you should also have expanded knowledge of this content) and pass the ANCC PMHNP certification exam. You will be astonished with the depth and breadth of information contained in this easy to read and use (spiral bound) book. Be sure to access the online information that accompanies this book, too as it contains a grid comparing the changes from DSM-IV and DSM-5!"–Sandra Hannon-Engel, Ph.D., RN, CNS, PMHNP, Assistant Professor, William F. Connell School of Nursing, Boston College, Boston, MA.

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Customer Reviews

If you are in the mental health field I highly recommend this guide. I have been asked numerous times where did I get this and can I lend it. This is my go to reference when at the clinic as it covers
everything I need to know when doing assessments etc. However, if you feel more comfortable carrying that large DSM around by all means do so but for me this guide slips easily into my pocket for use at any given moment.

Psych Notes is packed with all of the essential content necessary to REVIEW (you should also have expanded knowledge of this content) and pass the ANCC PMHNP certification exam. You will be astonished with the depth and breath of information contained in this easy to read and use (spiral bound) book. This is a required book in our graduate psych program. Be sure to access the online information that accompanies this book too as it contains a grid comparing the changes from DSM-IV and DSM-5!

As a "new" psych nurse I use the drug guide section the most. It's so helpful to just flip to psych meds and have the generic name as well as the trade name listed (with page #’s). Each medication has a short list of dose range, common side effects, geriatric concerns, and assessment cautions. I use it daily!!!!

Chose the rating as this is an excellent and handy guide, giving fast and easy access to relevant information, on the job. I would suggest that this Clinical Pocket Guide be used by all Nurses and Medical Teams working in the field of Psychiatry.

I love this little handy dandy book. I’m currently studying for my licensing exam and this has been extremely helpful tool to use as a refresher and to quiz myself. Its small and best of all "WATER Proof!!" how awesome is that. This is definitely as must have and especially to all you clinicians who work in the field or out of your car. I have 2 of them one in the car and in my office.

For the small size of the book, it is definitely packed with information. I bought this book to help me in my Psychopharmacology class, and it definitely did! There is still some information for the drugs that I learned about through additional research or class discussion, but you can only fit so much into a pocket guide. Great job to the authors!

My students really like and appreciate the "down and dirty" approach (said respectfully!) this book offers. Exceptional book for the beginner in psychology! A number of my university students are quite pleased with it. As a matter of fact, I bought it on the recommendation of my students! They
"got it right!"BP

It's a pretty good book for both nursing students and practicing RN's. No matter what specialty you're in you'll come across patients that are psychologically unstable and this book gives you a quick and easy reference to your needs. Everything is laid out in simple form and focuses on the most pertinent topics in psych.

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