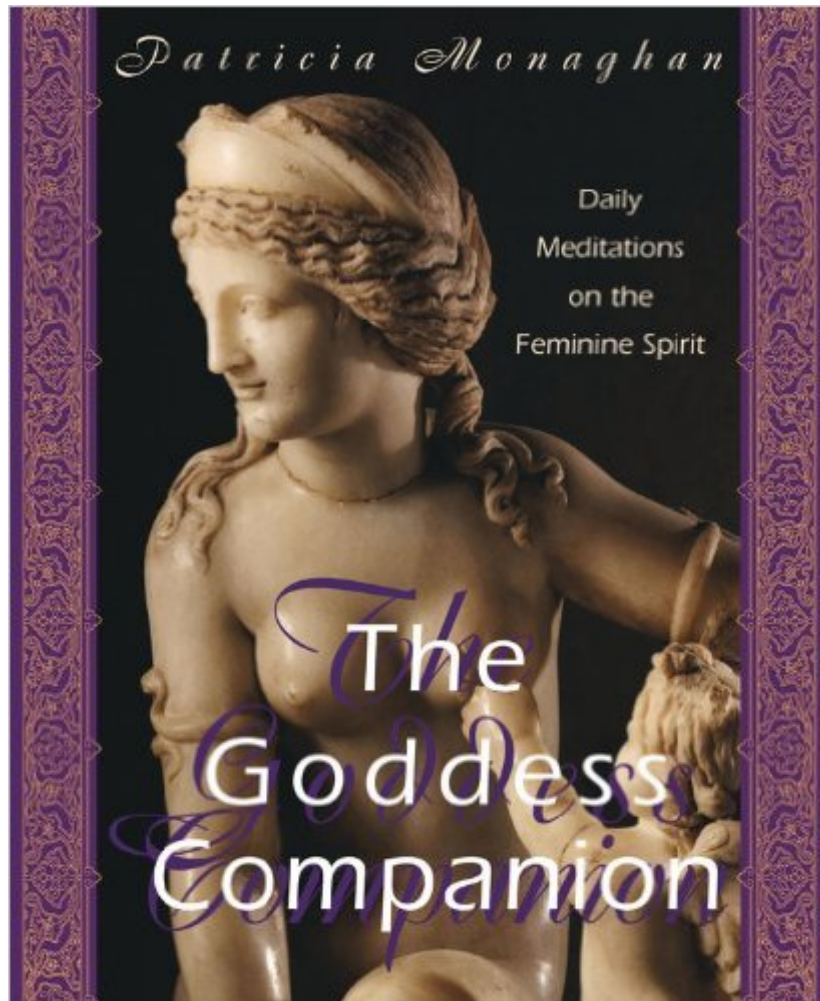


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# Goddess Companion: Daily Meditations On The Feminine Spirit



## Synopsis

Now you can turn every day into a day dedicated to the goddess and your own personal spiritual evolution, when you get *The Goddess Companion* by Patricia Monaghan. Turn to *The Goddess Companion* each day for a clearer insight into how the divine flows through your life. This spirit-nourishing collection of 366 authentic goddess prayers, invocations, chants, and songs was culled from dozens of diverse eras and cultures. Each ancient prayer rings out in clear language that maintains the sacred spirit of the originals. • A different traditional prayer, invocation, or chant to the goddess for each day of the year • Each is illuminated by readings about the ancient quote that offer rich material for reflection, inspiration, and bliss • Multiple indices allow you to find information by goddess name, subject, or cultural origin • Explore the goddess as envisioned by 68 different cultures throughout the ages • including the Americas, classical Greece and Rome, Asia, ancient Sumeria and Babylonia, Europe, the Middle East, and Africa • Find prayers that encompass nearly 130 aspects of the goddess, from Aida Weydo and Amaterasu to White Buffalo Calf Woman and Zemyna • Use the perpetual calendar to meditate upon one goddess prayer each day • *The Goddess Companion* does far more than simply give you meditations and prayers. The readings associated with each will give you incredible insights into a wide variety of cultures and, just as importantly, into your very nature. Written by one of the leaders of the contemporary goddess movement, *The Goddess Companion* will help you on your spiritual path to self-understanding.

## Book Information

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## Customer Reviews

Now here is a goddess meditation book with some depth! The daily poems and songs from ancient texts are rich in beauty, pointedly as diverse as the goddess herself. They are a wonderful source for personal and communal ritual. What I love the most is Monaghan's own reflections. It is so rare to have a poet scholar with the emotional depth, wisdom and incisive mind that strips away illusion to find both the succulent fruit and the flesh stripped bone. Life is beautiful and hard. For me, a meditation book needs to touch where my life touches. This one does. I cheat. I prowl around this book, not being obedient to the prescribed day. February 26 is one of my favorites. "I have eaten from her drum./ I have drunk from her cymbal./ I have carried her sacred objects./ I have prayed in her secret chamber." ( Greek initiate prayer). Monaghan writes, " The silence of the centuries tells us as much as a written script might about the mystery of life and death. The goddess reigns over them both. She is both our speech and our silence." Many have written using Monaghan's works as their source. In this book we have the real voice. I recommend *The Goddess Companion* very highly.

Patricia Monaghan's new book has become a part of my everyday life, just as it is designed to do. With poems for 366 days selected from an extraordinary range of traditions, Monaghan's book provides daily nourishment and inspiration. Her meditations on the poems provide a model for how we may connect more deeply with them. The collection of poems is also a wonderful resource for ritual and liturgy. Though there is a poem for each day of the year, I also enjoy opening the book at random, trusting that just the poem I need in that moment will be there.

This fine book stays by my altar and I cherish the time I spend reading it each day. I'm very grateful for the incredible research Patricia Monaghan put into the book and also for her personal wisdom that brings such rich understanding of the meaning of the Divine Feminine in everyday life. To have these powerful meditations with which to begin my day is a great gift. The meditations about Brigid were especially precious to me when I was in Ireland in February. This book is an awesome collection of Goddess lore and wisdom from all around the world that feeds my spiritual needs and brings me great joy.

I have gone almost a full year (the complete book) with this book providing me with comfort, inspiration, and food for thought each day. I have another book which claims to offer Goddess inspirations in the same day by day format, but it doesn't touch this one, which obviously comes from a learned, thoughtful, spiritual, experienced writer. I read quotes from each book each day, but

I save this one for last, because it is by far the best. The quote from a folk song or classical work followed by an insightful elaboration on the theme is always just enough - not too long, not too short. Thank you, Ms. Monaghan, for enriching my life each day.

This book provides a perfect way to give yourself a nice morning ritual or meditation. It provides a daily poem or song on a variety of female deities, along with a short reflection on how it is applied to daily life. I like that Monaghan includes Goddesses from a variety of cultures from all over the world. Her love of the feminine spirit definitely shines through. Another special feature is that you can use the index in a variety of ways. It has listings sorted by deity, or by subject matter, also by country, that way, you can find what you need when you have a specific purpose in mind. Highly recommended.

This is by far the best book I have seen of meditations on the female aspect of divinity. Monaghan has done careful research and culled authentic prayers and poems to Goddesses from cultures as diverse as that of ancient Sumer to the American Indian. Each prayer is placed on an appropriate day in the wheel of the year, along with the author's insights into women's lives today and the search for the spiritual self in which so many are engaged. Educational, inspirational, and beautifully written, this book is a treasure for those who meditate as well for those those who simply want to learn more about Goddess Spirituality.

Patricia Monaghan's newest release, *The Goddess Companion*, is a treasure for anyone wishing to contemplate the goddess in all her aspects. Beneath each day's prayer or chant Monaghan offers her personal meditative thoughts stimulated by the goddess invocation. This blending of the personal with the universal transforms *GODDESS COMPANION* from a devotional prayer book into a meditation vibrating with the rich rhythms of Monaghan's spirit. Rather than simply offering the reader a holy book in praise of the goddess, Monaghan has chosen to imbue the volume with her personal magic, creating a wisdom-book worthy of our daily contemplation.

I've had this book for about a year now, and have kept up on the daily readings. The problem here is that this devotional has no depth whatsoever. Day after day we encounter trite topics and even repetition of thought such as: "Scientists believe that human's seek love because of the nurturing our mothers give us while we're infants. Yet love can upset our world as easily as a child upsets a wagon... perhaps this is why the love Goddesses are so wanton... but wouldn't our lives be dull

without love?"Of course, I paraphrase a bit above, but that is the gist of what we find in the goddess companion, and believe me, that's probably one of the more weighty topics in this book. If you're looking for a devotional that has a bit of spiritual meat to it and will give you some thought provoking gems to ponder during your day, then this is not the book for you. But if you like bland, clichéd and shallow... then this volume will certainly be an invaluable companion.

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