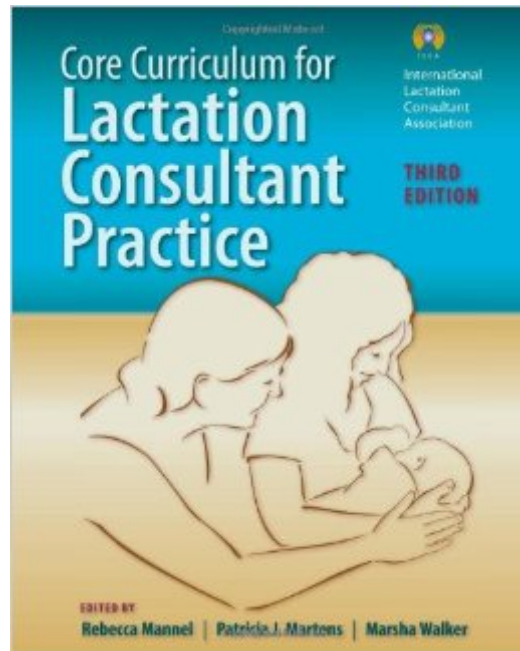


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# Core Curriculum For Lactation Consultant Practice



## Synopsis

Developed by the International Lactation Consultant Association (ILCA), Core Curriculum for Lactation Consultant Practice, Third Edition is the essential guide to prepare for International Board of Lactation Consultant Examiners (IBLCE) certification and practice as an International Board Certified Lactation Consultant (IBCLC). Based on the most current evidence base for practice, it includes four new chapters: \* Normal Infant Behavior \* Change Management \* Developing and Managing a Hospital Lactation Service \* Nutrition for the Breastfeeding Child New to this edition are figures of breast anatomy and infant suckling and sections on mentoring future lactation consultants, protecting against chronic disease for the lactating mother, and breastfeeding late preterm infants. Incorporated throughout is a new code of professional conduct for IBCLCs, updated photos, and references. Core Curriculum for Lactation Consultant Practice, Third Edition is the ultimate reference for the entire lactation professional's career from IBLCE certification through clinical practice.

## Book Information

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## Customer Reviews

I used this book to study for the IBCLC exam last July. I also used; Breastfeeding and Human Lactation by Jan Riordan Clinical Lactation by Jan Riordan The Breastfeeding Atlas Comprehensive Lactation Consultant Exam Review by Linda Smith Lactation Education Consultants Exam Review book from their Exam Crash Course All of the books are helpful for different reasons. I took the

practice exams over and over. I think that is probably what helped me the most when it was time for the exam because the practice exams are really similar to the type of questions asked. However, the practice exams point out where your weaknesses are, which is when I would go back to this book and drill myself on the bullet points. I didn't need to make flash cards, I found this book really easy to study from. This book was by far the best book for studying. Each competency of the exam is covered by a chapter of information. While another reviewer liked Riordan's style, I found it impossible and too time consuming to read so much information. The style in this book is mostly bullet points. It is far better for studying. The amount of information in this exam requires boiling the information down to snippets, so you can remember it. I would recommend having practice exams by different authors, each author has their own personal slant written into the questions. For example, one author is really big into natural childbirth, so the questions and pictures focus on complications because of drugs or positioning, which really weren't represented on the exam. Another author really likes cabbage leaves, but is not held up to evidence based practice. You have to be able to see some of their biases, but in the end that is how the test is made up, from multiple people, so studying from different viewpoints really helps.

Read it cover to cover prior to my exam and passed with exam with ease. I used as my primary study guide. I would recommend to colleagues. I would additionally recommend a study guide with images. Half the IBCLC exam is image-based questions. I've been a neonatal RN x7 years and a CLC prior to sitting for my IBCLC exam. So I would consider myself something beginning with moderate lactation experience.

I purchased the previous edition of Core Curriculum while preparing for my initial IBCLC certification back in 2008. It was really the primary study tool I used, and I easily passed the exam. I kept that copy on standby in my office until I replaced it with the newest edition. I keep this handy in my office, and would encourage it to anyone preparing for the IBCLC exam.

I had to purchase this because my hard copy flew off the roof of my car in rush hour traffic--don't even ask how it got there! The thing I love most is this: it downloaded to my iPad in seconds and my iPad does not weigh an ounce more than it did before the download! No more lugging a heavy, bulky textbook around! It was the same price on the Kindle app as the hard copy which was great too.

I really liked how this book is laid out. Having everything in bullet format made studying the content easier. This is a great book to utilize when studying for the IBCLC exam.

I love this book, it has all the areas needed to study in one convenient place. I would definitely recommend this book

I know many people find this text to be on the tedious side, but the list format of each chapter really worked for me. Lots of great information here, organized nicely by chapter topics. Please be aware that this text does not include clinical photos; for that I'd recommend Barbara Wilson-Cly and Kay Hoover's Breastfeeding Atlas or Linda Smith's Comprehensive LC Exam Review book which comes with a CD-ROM and sample test questions.

I did pass the test to become IBCLC. I am not sure how much help this book was. It was helpful to take the practice questions to get used to taking test. I wish I had a better grade but I am not sure it is the fault of the book.

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