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Ego Psychology And Social Work Practice: 2nd Edition

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Synopsis

While ego psychological theory still holds a pre-eminent position in clinical social work practice, the field has changed in many ways. This revised edition addresses these major changes, bringing the reader up to date.

Book Information

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Customer Reviews

Dr. Goldstein’s book provides students with a survey of the major contributors to ego psychological theory. To her credit, she manages to effectively communicate sometimes difficult material without resorting to the complicated jargon that one often finds in similar psychoanalytic texts. Ego Psychology and Social Work Practice 2nd Edition enables beginners to appreciate some of the insights of the ego psychologists without having to read and interpret the original texts. This would be a daunting task and unnecessarily laborious for a beginning student. It also provides more experienced clinicians the opportunity to review material germane to clinical practice or as an accompaniment to more advanced reading.

Eda Goldstein does a great job of describing, in detail, Ego Psychology from a historical, theoretical, and practical perspective. I was particularly fond of Part II dealing with the ego and its functions and defenses. She writes with a clarity that is difficult to find when reading books dealing with detailed theoretical perspectives. I would highly recommend this book to social workers and psychologists alike. It is a wealth of information that you will find yourself referencing again and again.
This text has been extremely helpful with increasing my understanding of how to use ego psychology in social work clinical practice.

Needed it for school, but I actually enjoyed reading it. It’s very detailed and well written.

great book!

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