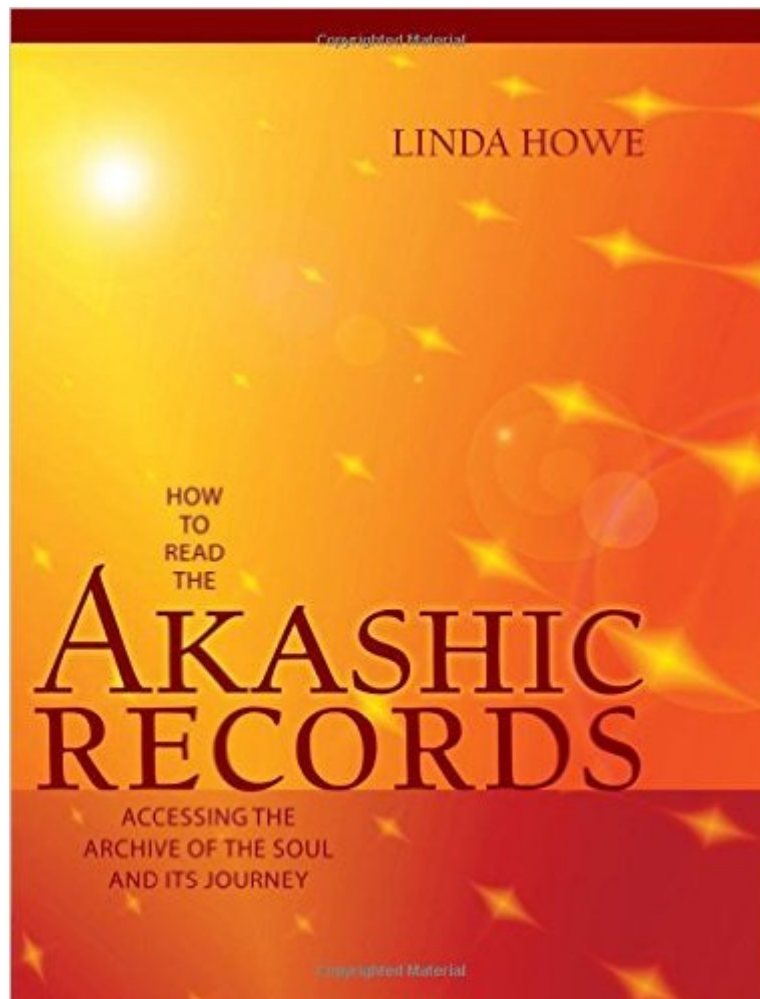


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# How To Read The Akashic Records: Accessing The Archive Of The Soul And Its Journey



## Synopsis

For thousands of years, mystics, masters, and sages from various world traditions have read the Akashic Records—a dynamic repository that holds information about every soul and its journey. Once reserved for a "spiritually gifted" few, this infinite source of wisdom and healing energy is now available for readers everywhere to answer questions big and small. How can I find freedom from my past? What are my life purposes? With *How to Read the Akashic Records*, healer and teacher Linda Howe offers the first book of its kind to help navigate these timeless "Records of the Soul"—now available in paperback. Drawing from more than 15 years' experience with the Akashic Records, Howe teaches us: The Pathway Prayer Process—a "password" for admittance into the Records How to work with your "MTLOs"—your Masters, Teachers, and Loved Ones—for assistance within the Records Insightful tips to glean the most critical information, whether you're reading for yourself, other individuals, or even your pet "The time has come for us to be our own spiritual authorities and access this illuminating, rich source directly," explains Howe. With *How to Read the Akashic Records*, anyone who desires to read the Records now has immediate access to this valuable life resource.

## Book Information

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## Customer Reviews

As a hypnotherapist and shamanic teacher and student I had high hopes for the presentation of this material. In this New Age of techniques and energies coming into the planet, the myriad information about the Akashic Records can be confusing to novices and even veteran students. I went into this book excitedly seeking a different approach to the Records. While Howe clearly demonstrates her

own experiences using the Records for herself and others, I remain unconvinced that this is a solid text for new Akashic students. Howe created an instructional CD based on this same material, so perhaps the book is more useful when paired with the CD. Howe begins the book by sharing her personal experience, not only with the Akashic Records, but with the powerful spiritual awakenings she had along the way. From that wonderful voice I was very excited to read her account of the Records. The more I read, the more formulaic the writing became, thus her voice was not as prevalent, and the delivery of information became clinical. That change in voice influenced my connection to the material. Howe's understanding that clients must participate in their healing process is spot-on, as is her explanation of shifts of consciousness and emphasis on the need for grounding rituals entering into and departing from healing work. Her reliance on facets of the ritual being the exact same for everyone every time is more Piscean than I am accustomed. I respect that she is presenting a method as it has revealed itself to her, but relaying an artful modality as concrete can result in creating distance more than revealing opportunity. Ultimately that can only be discerned by individuals as they work with the material.

I've studied with Sonia Choquette, and am Level 2 Certified. I am also a Certified Practitioner with Linda Howe, through a workshop I attended after reading this book. I have been taught Sonia's simplistic yet very effective method of entering the Akashic Records. I use Sonia's method, coupled with part of Linda's method, when I do professional readings. I write this saying that Linda Howe was the first to get so in depth about the records. I write this, saying, to explore all methods, and be sure to get an understanding of what is involved, by reading this book. Read this book with an open mind, open heart, and no ego. Do know that this isn't the only book you'll want to read, but this will start you in a direction. Linda Howe enters the Akashic Records through a 12 stanza prayer, not easy to memorize. I like Linda's prayer, I can feel a consciousness shift, but I can't stand not memorizing something I'm supposed to, for one on one readings. Linda never says to memorize it, and I do memorize things, (phone numbers, etc...), but for some reason, the Akashic Record's prayer in this book, I always have to turn to the book or my typed paper to recite it. I don't find that professional or comfortable, so I use what I've easily memorized, with less wording. The Universe wants simplicity. The first chapters give you a solid background, and knowledge. The next chapters go into properly accessing the records, and certain guidelines. Throughout the book, there are side lines quoted. That isn't needed, and diverted my attention. The sidelines reminded me of advertisements, for some reason. This part of the book goes into Akashic records on animals, plants, government, and public buildings.

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