The Ancient Secret Of The Flower Of Life, Volume 2
The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the Reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science and stories, logic and coincidence, on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-by-step techniques for the re-creation of the energy field of the evolved human, which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others and even of the planet. You may discover a memory or a fleeting reflection of yourself in the following topics: The Unfolding of the Third Informational System The Circles and Squares of Human Consciousness, Leonardo da Vinci’s True Understanding of the Flower of Life, Exploring the Rooms of the Great Pyramid Whispers from Our Ancient Heritage The Initiations of Egypt, the Mysteries of Resurrection, Interdimensional Conception, Ancient Mystery Schools, Egyptian Tantra, Sexual Energy and the Orgasm Unveiling the Mer-Ka-Ba Meditation Chakras and the Human Energy System, Energy Fields around the Body, the Seventeen Breaths of the Mer-Ka-Ba Meditation, the Sacred Geometry of the Human Lightbody Using Your Mer-Ka-Ba The Siddhis or Psychic Powers, Programming Your Mer-Ka-Ba, Healing from the Prana Sphere, Coincidence, Thought and Manifestation, Creating a Surrogate Mer-Ka-Ba Connecting to the Levels of Self Mother Earth and Your Inner Child, Life with Your Higher Self, How to Communicate with Everything, the Lessons of the Seven Angels Two Cosmic Experiments The Lucifer Experiment and the Creation of Duality, the 1972 Sirian Experiment and the Rebuilding of the Christ Consciousness Grid What We May Expect in the Forthcoming Dimensional Shift How to Prepare, Survival in the Fourth Dimension, the New Children Embrace the expanded vision and understanding that Drunvalo offers to the world. Coincidences abound, miracles flourish and amazing stories of mysteries unveiled arise as the author probes the Ancient Secrets of the Flower of Life.
Book Information

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Customer Reviews

I'm reading this and Vol II for I think about the 4th or 5th time in about 5 or 6 years. Every read feels like a new gift; I get more out of it each time I look at it. Just over 6 months ago (end of March 2006) I finally was able to take the Flower of Life workshop with a facilitator sanctioned by Drunvalo. My merkaba has been up and running ever since, and I am no longer the same person I was before the FOL workshop. I have changed profoundly in ways that I am unable to articulate. But I have to say, if this work doesn't resonate with you, doesn't feel right, let it go. It's not for everyone. Look for something else that gets your juices flowing, or don't. It doesn't matter. If this work peaks your interest, read both volumes, and if you are still stoked about it, set the intention to attend a workshop and watch your life change dramatically. If you are ready for the work, the work will change you in ways that are indescribable. Once you begin to wake up, to see the light, there is no going back. It's not always easy, but it is a great ride and worth the ticket price. Have fun. Peace.

After reading The Ancient Secret of the Flower of Life Book - Volume I, I was able to add more pieces to the great puzzle of life. Drunvalo takes difficult topics and explains them clearly. He gives his audience much to think about. I have seen him speak on two occasions and found him to be kind, clear and very informative. He is not arrogant as one reviewer said. He meets with people all over the world and tells you of the latest discoveries. He has studied physics and the arts which gives a balance you don't often see. The book shows many drawings of sacred geometry, the
MerKaBa and pictures of the sacred sites and artifacts along with his explanations. Book II will be out soon and I am looking forward to purchasing it. If you’re a serious seeker of the mysteries of life, read his books.

This book is not for those who think "in the box." It IS for those desiring to expand their mental horizons. In this book the author talks about the 5 levels of human consciousness, the MerKaBa (the energy field which surrounds all living things), and explains with geometric diagrams, a very interesting interpretation of the Biblical story of Genesis. And there is a lot more in this book to blow your mind. Of course, there is no way to "prove" any of this, however, it IS information that you can apply in your life to see if it works for you. I have had personal experiences with some of this material that makes it real for me. It is written in a conversational tone, because the book is an edited transcript from a series of lectures the author gave. The subject matter is very deep. Don’t pick up this book if you are looking for a light read, but if you are a seeker of truth, you will surely enjoy this one.

I am an avid reader and have spent years covering various topic in religion, theosophy, psychology, and spiritual awakening. This series on the Ancient Flower of Life has done for me what no other books have, I can finally see the big picture. While the approach Drunvalo uses may seem a little eclectic to some readers, I found it a clear personal and collective road map jumping from the pages. This is a new, emerging view of the spiritual path to personal ascension and is a must read for anyone who is at the point where you are asking yourself, "Where do I go next?". Whether you are left or right brained, these two books will get you back on track. The information on the activation of the MerKaBa is critical to developing the energy needed to carry you forward in these changing times.

Now I’ll be honest, I thought this book was nothing short of amazing. I questioned communicating with Thoth right off the bat, but you can almost become hypnotized by the amount of magickal information that you are bombarded with and really somehow begin to trust Drunvalo. I have to thank a follow up book by one of his followers for opening my eyes to their business which she states she had arch angel Michael to help her write the follow up to this book. I believe In angels too, but come on seriously? How come Thoth, also hermes trismagistus in another reincarnation, mentions nothing of hermeticism to Drunvalo? Now that is worth looking into. So I started to look deeper into his whole organization. I happened to watch a new video of Drunvalo in May 2012,
introducing his new workshop "awakening an illuminated heart". I swear I was just short of spending almost $400 for the Earth,Sky workshop when In the video he himself says that the first teachings, this book, were basically outdated. This merkaba teaching took two years and their were "side effects". Then he says they created the Earth,Sky workshop to improve on the teachings and bring it all together, but quote " that wasn't enough". NOW, this new workshop instantaneously and permanently awakens the merkaba and is the quickest latest way. All the complexity is dropped. So sorry everyone that spent their time and money learning this channeled Thoth information, Drunvalo made it easier. You can now leave another check and registration form to make it one step closer to god.

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