Synopsis

Lifelong Motor Development, Sixth Edition, is a comprehensive, science-based text covering background, theory, and research in the field of physical growth and motor behavior across the life span, as well as the practical application of these concepts. The Sixth edition focuses on the notion that the study of motor development is the study of change. In order to truly understand the multicausal and complex nature of motor development, this book was created and continues with the goal of introducing students to not a single theoretical explanation, but the most prominent theories and views that underscore our understanding of change in motor development—establishing the Sixth edition as still the most scientific, contemporary, and applicable text of its kind.

Book Information

Hardcover: 482 pages
Publisher: Benjamin Cummings; 6 edition (March 19, 2011)
Language: English
ISBN-10: 0321734947
Product Dimensions: 7.4 x 0.8 x 9.5 inches
Shipping Weight: 2 pounds
Average Customer Review: 3.4 out of 5 stars—See all reviews (9 customer reviews)
Best Sellers Rank: #353,160 in Books (See Top 100 in Books) #107 in Books > Medical Books > Psychology > Physiological Aspects #149 in Books > Health, Fitness & Dieting > Psychology & Counseling > Physiological Aspects #405 in Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Physiology

Customer Reviews

Fairly well written for a text book—fairly easy to read and understand the material. Easy to read—diagrams are very helpful. Information seems to be up to date (this is a 2012 version I believe). Delivered quickly with Prime.

I don’t think the information flowed smoothly, as to keep me engaged. Had a lot of information in it that was good, but if you are not trying to be a P.E teacher or a Physical Therapist, you didn’t really need all this information. Did feel a lot of the information was designed for Early Childhood Majors. Just wanted to know what I needed to know.
This book is very useful for my Primary Education degree, with a PE specialism. I will be referring to it frequently.

The book was a great value. There in not much difference from the 1st edition and my professor allowed the use of this one so the cost was excellent. The information in the book is well thought through.

badly written, hard to follow, boring, over the top in some areas and way too little in others, inconsistent content

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