This text provides readers with the critical link between theory and practice illustrating how to actually "do" family therapy. It is a nuts-and-bolts primer that takes students step-by-step through the process of conducting family therapy sessions. The book starts with the initial session and finishes with the terminating session covering assessment, diagnosis, skills and techniques needed throughout each stage. The case of the Martin family, a blended family, is followed throughout the treatment process.

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When used effectively, the organization of an author’s writing can enhance the delivery of the content. I found this book to be poorly organized, and as such, hampered my ability to take in the content. It is a standard format to talk about concepts and terms in the early portion of a chapter and follow it up with practical, clinical examples. This book follows that format, but covers the concepts in such a way as to be ambiguous at times. Having a glossary of terms at the end of each chapter was the only saving grace for the lack of clarity. On a chapter by chapter level, there also seemed to lack a coherent direction. I saw no reason why some concepts would be addressed earlier or later in the book. Furthermore, it references the same family in each chapter, so you don’t see any other examples of working with families. I can understand that the book would like to take you through the process of working with one family from start to finish, but in building a book around this desire, it really suffers in delivering its core concepts. If you have taken a class survey at the end of a college
course, I'm sure you have been asked whether the course stimulated or discouraged your interest in the subject area. For me, this book turned me off to the subject, which is sad given how fascinating it really is.

Fantastic Book! Goes through the steps of counseling and provides examples to give practical knowledge. Provides theory explanations and how to effectively use them. This is a college to graduate level book. If you are looking for something with a little more depth or a good companion read look here. Hope-Focused Marriage Counseling: A Guide to Brief Therapy

This book was amazingly helpful in my therapy class. It really brings to life what I shortly hope to be doing for my career. It does not read like a typical text book and is easily understandable and applicable.

A great family therapy book, using and building upon case examples to illustrate each concept. Engaging and easy to read, I Would highly recommend for a Family Therapy course.

Really fast delivery and good quality as described. Really Good price for a book that would be otherwise double the price. Thank you!

This book was very helpful when I was doing crisis work in homes.

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