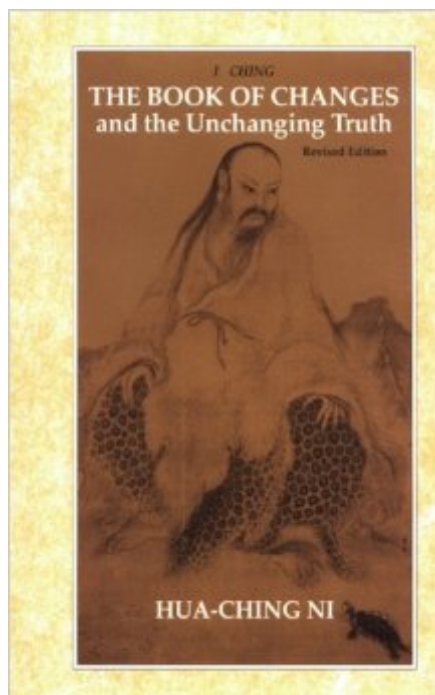


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# Book Of Changes And The Unchanging Truth



## Synopsis

The I Ching system was created by the ancients from their careful observations of nature. We 'moderns' can use the sixty-four hexagrams found in the I Ching as a predictive tool to enhance our lives and reconcile our spiritual and physical selves. When one consults the I Ching, the hexagram gives the general background of the situation, while the lines indicate the correct way in which to handle the specific circumstance. Master Ni recommends using Cassia Tora or 'wise decision' casting seeds as a simple way to make divinations. The seeds are carefully dropped on a piece of paper and the hexagram they create gives us a response to our very important questions. As Master Ni says, "There is no reason to distrust or fear the I Ching. It is always a faithful, trustworthy friend." Some of our visitors have told us that Master Ni's I Ching has led them in exciting directions they had never before considered -- one of our most popular books.

## Book Information

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## Customer Reviews

I have been working with this book for some 2 years, studying the I Ching. While it is not an easy read- particularly the first 11 chapters, it provides an in-depth look at the roots of the I Ching and the development of the hexagrams and Chinese cosmology. The hexagrams themselves are lovingly examined with commentaries that provoke thought and self-inspection. It may not tell you whether to take the job or get married, but it will give you an insight into an aspect of a situation that you might not otherwise consider. Master Ni provides many wonderful stories in his commentaries that provide useful tools for living consciously and responsibly.

I have used this book as a fundamental source in my Daoist/ShaoLin self-cultivation and have gained immeasurable benefit from the elucidation and experience of Master Ni. This volume is a distillation of a life-long practice and many of the principles of the Daoist Canon. Any serious practitioner of Tai Ji Quan or Qi Gong should have this as a ready reference, since the principles of the I Ching are the fundamental source of these methods of cultivation. This is a gift from the Jade Realm!

The initial chapters on human energy might be better-positioned as appendices for the beginning student, but the advanced practitioner will appreciate their placement and their relevance to the whole system.

I got this book on a recommendation. It's OK, but I don't really use it all that much. I have several other interpretations that I find more helpful.

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