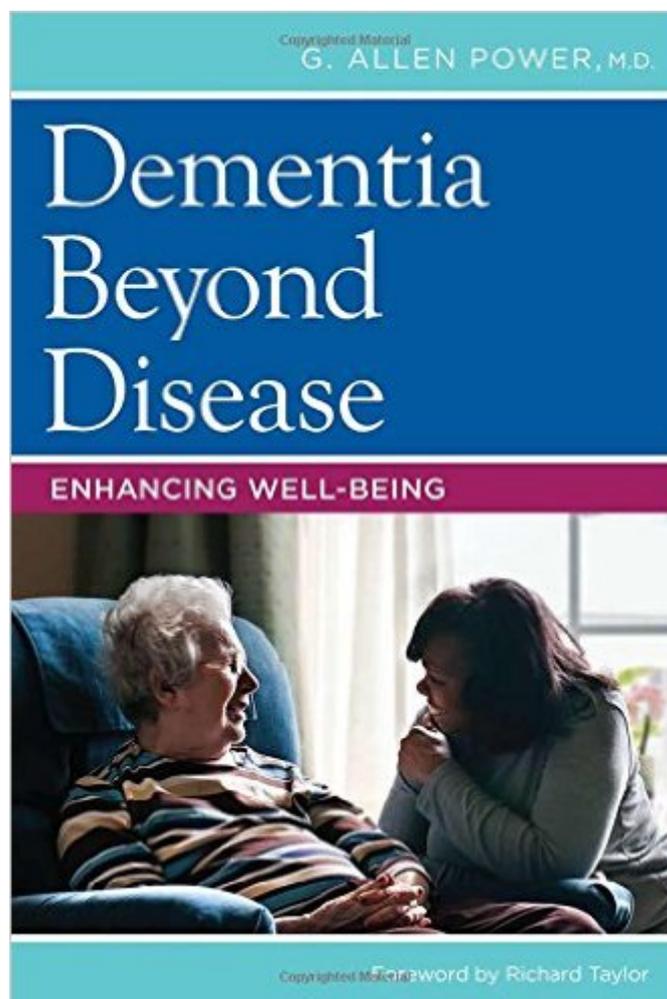


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# Dementia Beyond Disease: Enhancing Well-Being



## Synopsis

From the internationally acclaimed author of the groundbreaking and award-winning book *Dementia Beyond Drugs*, comes another eye-opening exploration of how to improve the lives of people with dementia and those who care for them. Focusing on seven essential domains of well-being, G. Allen Power, M.D., a board-certified geriatrician, challenges readers to evaluate their attitudes, expectations, and approaches and to embrace new ways of thinking that will lead to better solutions to problems encountered in all types of care settings. Learn how to overturn the prevailing disease-based care practices by emphasizing well-being and the many ways it can be enhanced in people with dementia. See how current care practices chronically erode individual well-being and then discover more dignified and strengths-based alternatives that build it up. Inspiring and highly readable, this book boldly confronts widely accepted dementia care practices and presents approaches that promise a new and hopeful vision for achieving the best possible outcomes for every person touched by this debilitating disease.

## Book Information

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (11 customer reviews)

Best Sellers Rank: #609,504 in Books (See Top 100 in Books) #39 in [Books > Medical Books > Nursing > Long-Term Care](#) #73 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nursing Home Care](#) #116 in [Books > Medical Books > Nursing > Nursing Home Care](#)

## Customer Reviews

Another ground-breaking book from Al Power whose knowledge of, and empathy for, "people whose cognition is different from that of the mainstream" will lead the way to a dementia friendly society if both professionals and lay people read and learn from it. As Board President of Alzheimer's Services of the East Bay, ASEB, I am ordering several copies for our staff and encouraging every Board Member to buy it. Powers describes a path to create Well-being for every individual, no matter how advanced the dementia. Its basis is covered in seven chapters that describe and explore the

seven domains of Well-being: Identity, Connectedness, Security, Autonomy, Meaning, Growth and Joy. Each domain is explored with input from "True Experts" such as Richard Taylor, Ph.D., one of "The three men I admire the most" who work in this field. Numerous examples from the experiences of both Power and Taylor show at first hand both practices that enhance well-being, and, those that, however well-meaning, are in fact dis-empowering. A particular example that stuck in my mind, because I have seen it myself, was when Taylor talked to two ladies engaged in the "activity" of folding clothes. They were perfectly aware that staff took the clothes away, rumpled them, and brought them back for more folding.

Anyone wanting to learn about dementia from a person-centered perspective, this book is for you! I have both of his books and have used them frequently to help educate my team and provide better care. I can't say enough good things about Dr. Power's work. Just get this, you won't be disappointed! Whether you're a professional or a family member trying to make sense of it all, this book is the only one you'll need...with the exception of his other work...Dementia Beyond Drugs.

A MUST READ FOR ALL HEALTH CARE PROFESSIONALS, INCLUDING DOCTORS AND REGISTERED NURSES. Also useful for families and people with dementia, to know that being cared for WITHOUT the use of ANTI PSYCHOTICS or other RESTRAINT is their human right

A must read to understand and not fear people living with dementia.

Excellent for use by non medical home care agencies.

A very convincing and informative sequel to "Dementia Beyond Drugs," richly seasoned with more fascinating anecdotal descriptions of Power's theory..

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