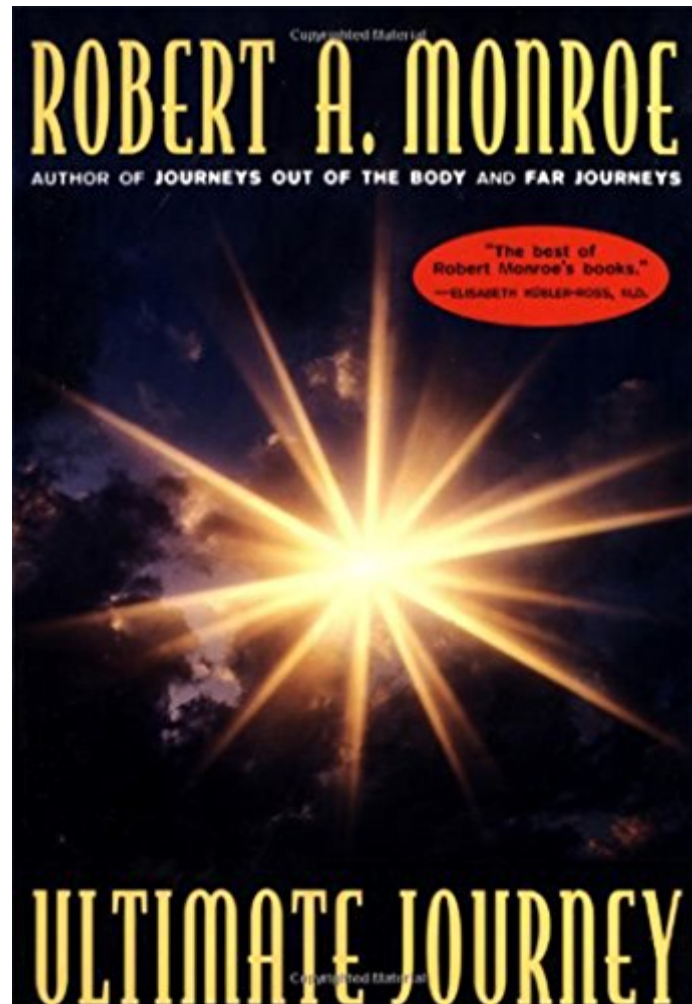


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# The Ultimate Journey



## Synopsis

In 1958, a successful businessman named Robert Monroe began to have experiences that drastically altered his life. Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual realities of his life. He was inhabiting a place unbounded by life or death. Monroe recorded these experiences in two bestselling, landmark books, *Journeys Out of the Body* and *Far Journeys*. *Ultimate Journey*, his final and career-defining work, takes us further than we thought possible--and reveals to us what it all means. *Ultimate Journey* charts that area which lies "over the edge," beyond the limits of the physical world. It presents us with a map of the "interstate"--the route that opens to us when we leave our physical lives, with their entry and exit ramps, their signposts and their hazards. It also tells us how Monroe found the route and travelled it, and uncovered the reason and the purpose of this pioneering expedition. It is a journey that reveals basic truths about the meaning and purpose of life--and of what lies beyond. After six hardcover printings, the trade paperback edition of *Ultimate Journey*, will offer an even wider range of readers this exhilarating reading experience, the masterwork of one of the most daring and original thinkers and explorers of our time.

## Book Information

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## Customer Reviews

Robert Monroe had more hands on experience in the astral than almost anyone ever will, while still having a functional physical body, and must be respected for that. While a good read that held my attention (read it in 3 days, and I'm a slow reader), some things irked me about his third book in the trilogy, and IMHO, was not quite as enjoyable as the previous two books. (1) We all must remember that what he saw, what he experienced, was filtered through his own beliefs and mental structures, and are not necessarily an accurate representation of the "objective" reality that was being perceived, if there even is any such thing as an "objective" reality. One big irk was that I do not believe he saw his own perceptions as subjective, but rather as objective in nature, and did everything but explicitly claim that his perception was the correct one. I would advise against anyone accepting his personal interpretation of things as the "objective" way things are. As much as he derides belief systems, he sure built up a good one in this book and less so in the prior two. (2) I felt this third book was a little scattered in its writing as well. It did not flow as smoothly as the previous two. (3) The technical parts, as I call those parts where he explains the general mechanics, as he sees them, of the Great Beyond, were not enjoyable. Unfortunately, these technical sections could last for chapters at a time, and read like a technical manual (I am also critical of this with other authors on the subject as well, such as Robert Bruce). (3.5) I also noticed that most of his personally coined terms were generally synonymous with many New-Age and/or Eastern terms.

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