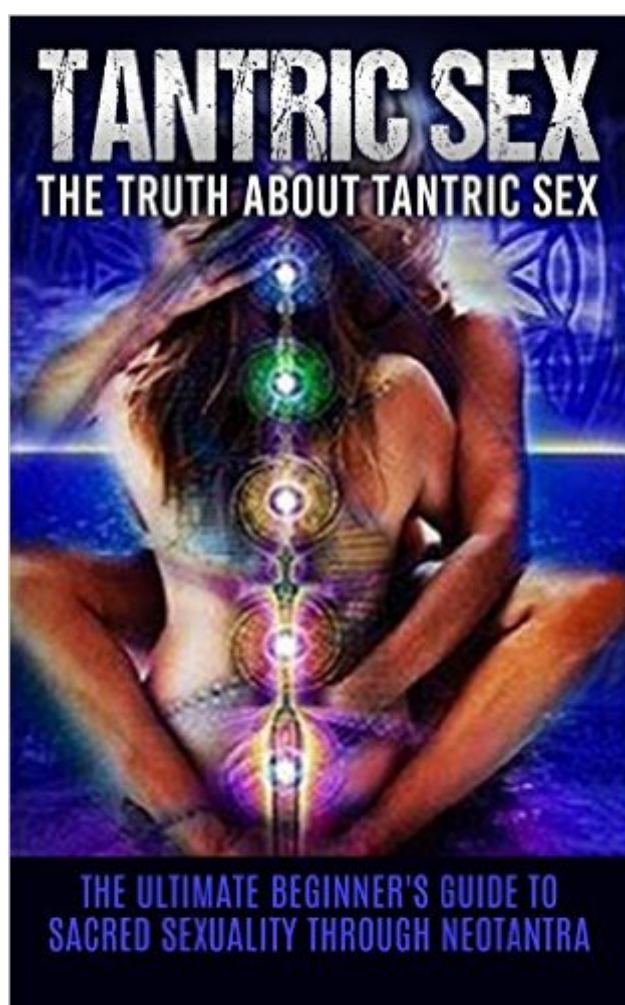


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# Tantric Sex: The Truth About Tantric Sex: The Ultimate Beginner's Guide To Sacred Sexuality Through Neotantra (Tantric Sex Books, Tantric Sex For Men And Women)



## Synopsis

You're about to discover the crucial information regarding Tantric Sex. Millions of people have already experienced the amazing benefits that sacred sexuality has to offer. It can be overwhelming if you have been thinking about adjusting the sexual relationship you share with your partner. This book goes into the origins and history of Tantric Sex, practical ways to incorporate Tantric Sex into your own life, the science behind it, the pros and cons, and the future of this practice. By investing in this book, you can get a grasp of what the life-changing experience of Tantric Sex can bring to you.

## Book Information

Series: Tantric Sex Books, Tantric Sex For Men And Women

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Average Customer Review: 3.2 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #378,567 in Books (See Top 100 in Books) #83 in [Books > Religion & Spirituality > New Age & Spirituality > Sacred Sexuality](#)

## Customer Reviews

I was interested in learning more about tantric sex and read a few other books before finding this one. I wish I would have seen this one first! It is by far the most knowledgeable and descriptive guide I've read on the subject. I really liked how the author didn't just give basic ideas, but went into great detail, explaining the history of tantra as well as instructions for the stages of achieving the ultimate pleasure yourself. I would highly recommend this guide for anyone who is interested in learning the most they can about the act of tantric sex.

The only reason that I have given this book a three star rating is that it does not have enough information. The book is very small and borders on being an enlarged pamphlet. The information, however is excellent (what there is of it), but creates more questions than answers. The information is handled in a sensitive and spiritual manner and to my mind was in no way offensive or over-the-top. I believe that the information in this little book is a great stepping stone for couples and

singles towards enhancing and enriching their sexual/spiritual relationships.

This was a great read! The thought that Tantric Massage talks exclusively of the physical part of sex is to a great degree skewed. The motivation behind Tantric Massage was not only to instruct masses about distinctive back rub systems, furthermore to advance a solid relationship between the accomplices and valuably utilize sexual vitality. This book instructs how to do it and gives a brief history about it.

Mostly a discussion and the author's opinion about "tantric sex" which he seems to have studied in order to slap together this book...Don't waste your time, the author tells us about Tantric Sex... But he doesn't tell us how to achieve it, or perform it. The Table of Contents tells exactly what it is:

Chapter 1: What is Tantric Sex?  
Chapter 2. History of Tantric Sex  
Chapter 3: Practical Ways to Incorporate Tantric Sex Elements Into Your Sex Life  
Chapter 4: The Science Behind Tantric Sex  
Chapter 5: The Effects of Tantric Sex  
Chapter 6: Pros and Cons of Tantric Sex  
Chapter 7: Differences Between Men and Women  
Chapter 8: The Future of Tantric Sex  
Sex and Sacred Sexuality (Chapter not numbered, and nothing written about this...)

This book isn't really about the true spiritual practice of Tantric Sex. It talks about things like playing out sexual fantasies and pretending to be other people (one example the author used is pretending to be a professor with their student...stuff like that). The direction the author gives seems like something I'd read in Cosmo (or any other women's magazine) to 'spice up my sex life.' It's counter to what I've learned about the true quality of practicing Tantric sex. True Tantric sex is about working with energies within the body and being totally present in the body to deeply connect with your self, partner, and the divine. Using fantasies to escape into are the EXACT opposite of what I've learned about the spiritual practice of Tantra. If you're honestly trying to discover more about the nature of Tantric sex, DO NOT waste your money on this book.

Nice blend of practical suggestions, spiritual benefits and relationship building. I would recommend this to anyone wanting to explore ways to improve their sexual health.

Not one bit of information about HOW to do tantric sex... It would have been nice to have some exercises or anything that told what to do...to at least start.

A lot of pages but some were not even Half full So it could have been a smaller book Or more information put in it

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