Counseling Theories Applications, 1e offers the power of the Web and the promise of a true understanding of counseling theories. Unique in product design and intellectual approach, it combines a book, interactive cases and web-based learning into one innovative product. Flexible enough to support any core theories text, it is also simple enough for all course delivery modes. Using this multi-sensory approach, readers learn what therapists do, why they do it, and how basic theories can be applied in clinical settings. A central goal of this product is to help readers grasp the fundamental principles that govern the application of 16 counseling theories. From Freud to Feminism, the authors distill each theory into core principles for applying each theory. Each chapter translates the formal concepts, assumptions, and techniques of the theory into user-friendly guidelines for working with clients. Reading the book, one learns the essence of applying each theory and can delve into the original theorist’s work, comprehensive theory books, or eclectic counseling approaches with clarity and understanding.

### Book Information
- Paperback: 304 pages
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### Customer Reviews
This is a good book for anybody looking to begin learning the ideas behind the basic theories. The CD also gives you a chance to work on applying theories to potential "clients." It’s pretty basic, but a good place to start.

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