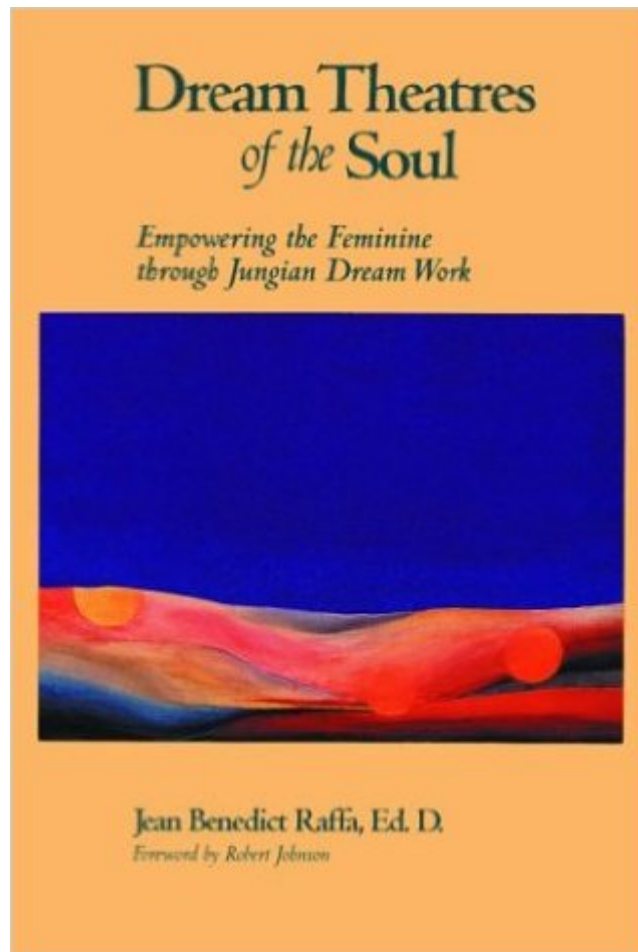


The book was found

# Dream Theatres Of The Soul: Empowering The Feminine Through Jungian Dream Work



## Synopsis

What are your dreams telling you? Dr. Raffa believes that "dreams show us who we are and what we can become." In this fascinating book of how to analyze dreams, explore the feminine aspects, and use dreams to grow emotionally and spiritually, Raffa combines the metaphor of a theatre with the practicality of a handbook to provide a practical guide to understanding your dreams.

## Book Information

Paperback: 224 pages

Publisher: Innisfree / LuraMedia (January 2004)

Language: English

ISBN-10: 1880913100

ISBN-13: 978-1880913109

Product Dimensions: 9 x 6 x 0.6 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #1,429,394 in Books (See Top 100 in Books) #567 in [Books > Medical Books > Psychology > Movements > Jungian](#) #1041 in [Books > Health, Fitness & Dieting > Mental Health > Dreams](#) #11007 in [Books > Medical Books > Psychology > General](#)

## Customer Reviews

I got a lot out of this book. I've been recording dreams and drawing my dreams casually for many years. This book helped me look at them with more structure, and to be able to gain much more understanding from dreams. It has also reaffirmed what I always thought, that dreams are a space for wonderful growth and healing that can pretty easily be tapped into. I immediately started recognizing some changes in my conscious behavior as I read this book and became more aware of the meanings behind my dreams. I really appreciate this book.

This is a fascinating, accessible book about Jungian dream work. I particularly appreciated the author's application of the theory to women's issues. Part One explains the basics of Jungian dream analysis and includes valuable suggestions about how to understand more about your dreams. Part Two is a collection of the author's own dreams and her interpretations of them. Often in this second part I was at a loss to see how she arrived at certain interpretations--but Raffa certainly deserves credit for taking the risk of sharing them with us!

I had been going through a critical life transition, was having some rich dreams, and was hoping to find a few books that might help me gain a bit of a better understanding of them. I got several notable, highly respected books on dreams, this being just one among many. Yet, not only was it the most helpful to me as an especially rich and grounding, illustrative account of working with dreams, but it also beautifully discussed and worked with several key aspects of Jungian psychology (key aspects of the individuation process in particular) and all of this in relation to a woman's developmental process. It was strikingly resonant for me in all three of these extremely rich areas, which speaks to the hard-won depth/authenticity/clarity through which Jean Raffa wrote this piece. It very naturally inspired, mobilized, great hope for healing and rewarding growth in me (something I was frighteningly losing sense of and knew certainly wouldn't emerge through easy or quick solutions), the best kind of hope: no simple, rose-colored glasses here. What a great surprise! A terrific and very surprisingly in-depth, especially resonant and humane resource for all three of these areas and so much that stems from, and gives rise to, them (for it's only 201 pp!--often shorter pieces are the most difficult to write; quite an accomplishment; thank you, Ms Raffa...).

[Download to continue reading...](#)

Dream Theatres of the Soul: Empowering the Feminine Through Jungian Dream Work Dreams: Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology (+BONUS) (Dream Analysis, Dream Meanings, Lucid Dream) Digesting Jung: Food for the Journey (Studies in Jungian Psychology by Jungian Analysts) Illness That We Are (Studies in Jungian Psychology by Jungian Analysts) Projection and Re-Collection in Jungian Psychology: Reflections of the Soul: Reality of the Psyche Series The Return of the Feminine and the World Soul Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul's Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner) Positive Thinking: How to Eliminate Negative Thinking and Gain Success, Health and Happiness Through Positive Thinking and Self-empowering Affirmations (Positive Thinking Everyday Book 1) Echoes of the Soul: The Soul's Journey Beyond the Light - Through Life, Death, and Life After Death A Primer of Jungian Psychology Ring of Power: Symbols and Themes Love Vs. Power in Wagner's Ring Cycle and in Us- A Jungian-Feminist Perspective (Jung on the Hudson Book Series) Amar Traicionar: Casi Una Apologia de La Traicion (Paidos Janguiana / Paidos Jungian) (Spanish Edition) Experiencing Hildegard: Jungian Perspectives Change Your Story, Change Your Life: Using Shamanic and Jungian Tools to Achieve Personal Transformation Feminine White Shawl Crochet Pattern The Feminine Mystique (50th Anniversary Edition) Wild Feminine: Finding Power, Spirit & Joy in the Female Body Northern

Mysteries and Magick: Runes & Feminine Powers Women of Will: Following the Feminine in Shakespeare's Plays The Dance of the Dissident Daughter: A Woman's Journey from Christian Tradition to the Sacred Feminine (Plus)

[Dmca](#)