Inner Gold: Understanding Psychological Projection
Synopsis
Robert A. Johnson, bestselling author of He, She, We, and other psychology classics, shares a lifetime of insights and experiences in this easy-to-read book on psychological projection - seeing traits in others that are, in fact, our own. Drawing on early Christianity, medieval alchemy, depth psychology, and the myths of "The Flying Dutchman" and "The Once and Future King," he also explores the subjects of loneliness, fundamentalist religion, and the spiritual dimensions of psychology."The healing power of Robert's writing is palpable."- Marion Woodman"Robert Johnson's work always has that naked intensity that tells you you're in the psychic house of an honest man."- Robert Bly

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Customer Reviews
I'm a person with little knowledge of projection or Jung. How found this book is too long a story. I'll need to cryptically tell just a bit of it though the entire story might make an entertaining book. This small book revealed more to me on the first of many readings than any other single "book". It will lead me to more of this great man's works. It answered many questions about my life and feelings
that have perplexed and baffled me for four decades. Someone once asked me why I loved them so much. The person wanted to know what it was about them in particular. I had no answer. I do now. To quote the author..." The meaning of my life has suddenly appeared in the glow in your eyes." The fearful empathy I had discovered in myself had found a match and fried all my circuits. What I would give to be able to transport this book back to 1969. It would have made such a difference. Some people are very adept at taking the "gold" of others and fashioning it into positive movement. Having a guidebook on how to approach such power would have been a wondrous thing. Without it we can be blinded by the light. I find, not to cast any merit on my humble self, that the author and I share several traits and life experiences. I too (pages 8-9) once shot a small animal for sport and recoiled at what it gave me and what it took away. Like the author I never did this again. As he says I was both "proud and horrified" at the same time. A terrible combination for one who does not understand what is happening. Like the author my father (p. 12) didn't really father me. Ah, archetypes and male rites of initiation. Yes, I begin to see the power and vital importance of myth and where my life path might have led.

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