Synopsis
Culled from forty years of writing by the founder of psychoanalysis, A Primer Of Freudian Psychology introduces Freud's theories on the dynamics and development of the human mind. Hall also provides a brief biography of Sigmund Freud and examines how he arrived at his groundbreaking conclusions. In discussing the elements that form personality, the author explains the pioneer thinker's ideas on defense mechanisms, the channeling of instinctual drives, and the role of sex in male and female maturation. Lucid, illuminating, and instructive, this is an important book for all who seek to understand human behavior, in themselves and others.

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TITLEA PRIMER OF FREUDIAN PSYCHOLOGY
AUTHOR: By Calvin S. Hall
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This is an important book for everyone who wants to understand human behavior in himself, and in others. Calvin S. Hall outlines Freud's diagnosis of the balances existing between the mind and emotions, and points out his important discoveries about the parts played by instincts, the conscious and unconscious, and anxiety in the functioning of the human psyche. The Author explains the ideas of Sigmund Freud's psychology on defense mechanisms, the channeling of instinctual drives, and the role of sex in the boy/girl maturing into man and women. Sigmund Freud's ideas are scattered throughout his writings from the early 1890's to the late 1930's. The stabilized personality is one in which the psychic energy has found more or less permanent and constant ways of expending itself in performing
psychological work. The precise nature of this work is determined by the interactions, between them, and by the developmental history of the id, ego and the superego. The breakdown of the personality follows: The ID: Sometimes called the "pleasure principle" is to rid the person of tension, or, reduce the amount of tension to a low level and to keep it as constant as possible. Tension is experienced as pain or discomfort, while relief from tension is experienced as pleasure or satisfaction, avoiding pain, and finding pleasure. The EGO: Instead of the "pleasure principle", the ego is governed by the "reality principle". Reality means that which exists.

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