

The book was found

ToddlerCalm: A Guide For Calmer Toddlers And Happier Parents



Synopsis

This book works. It shows that that the naughty step, sticker charts and controlled crying are NOT the only solutions. Many parents struggle with getting their toddlers to sleep, picky eaters; respect; tantrums; discipline; throwing; biting; hitting, communication... All this is normal. What is important is that you don't base your whole relationship with your child on rewards and punishment. ToddlerCalm is about gentle parenting. It will give you a proven and successful alternative approach to creating a calm and happy family.

Book Information

File Size: 899 KB

Print Length: 249 pages

Publisher: Piatkus (October 3, 2013)

Publication Date: October 3, 2013

Language: English

ASIN: B00CQ5R186

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #832,717 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #161

in Books > Parenting & Relationships > Babysitting, Day Care & Child Care #939 in Kindle

Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Parenting > Babies & Toddlers

#2856 in Books > Parenting & Relationships > Parenting > Early Childhood

Customer Reviews

I love this book! I have a 10 month old who is learning to walk so I wanted to get some reading down for toddlerhood to get prepared. I finished in 2 days when nursing my baby. It is that captivating and easy to read. Filled with scientific evidence in all aspects of a toddler's life: eating, sleeping, tantrums, control, playing, communication etc. and tons of very useful yet gentle tips to use in different situations. I'm a scientist myself and am well versed in this area, so I know her research is solid and trustworthy. I love the CRUCIAL framework, it is a very sustainable idea that truly empowers parents, so you can use the same gentle, effective yet firm principles in any unique situation. The writing is also filled with empathy from the child's point of view, which is really

severely lacking in most parenting books, unfortunately. And the empathy issue deserves to be taken seriously, because it is scientifically based! I also love the 10 worked examples in the last chapter. I feel I probably only need to read Playful Parenting and How to talk to kids in addition to this book - those 3 together should be enough for parenting in toddler years, in my view. If you value evidence based care/parenting and want to parent with empathy, compassion and firm boundaries, this book is for you!

Helps parents to understand how toddlers process events and view situations. It gave me a new perspective on the world and how frustrating it can be. Now I am able to handle meltdowns in a more rational way that helps my child feel more secure and valued. Great for those parents who feel that CIO and time outs aren't the best methods for dealing with their children's behavior.

Both my husband and I read this book. I read it first and, I'm not going to lie, there were many eye rolling moments (my husband agreed). I tried, however, to really consider what the author was getting at - and I think this book is definitely worth a read. It provides much needed insight into toddler development and helps me have more empathy for my little guy when he's being a punk. Even so, I do occasionally put him in time out when I'm at my wits end.

A useful book to understand toddler attitudes, based on really recent studies of child's brain development, so you can discipline your child with respect and love, with mindful in the future consequences of their adult lives, not only to obtain momentarily discipline so you can stop the annoyance and you be happy for an insurance, this make you and your toddler happy for a long time relationship.

FINALLY a book that actually explains it in a correct way! I'm in love with all of Sarah's books. This book explains toddlers extremely well!

[Download to continue reading...](#)

ToddlerCalm: A guide for calmer toddlers and happier parents
Calmer, Easier, Happier Screen Time: A parent's guide to staying in charge of technology from toddlers to teens
Toddlers Tantrums: Understanding and Dealing With Toddlers Tantrums Effectively (Toddlers Tantrums, Parenting, Motherhood, Dealing with Tantrums, Discipline, ... Childrens Behaviour, Potty Training,) Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier, and More Secure Kids
Itsy Bitsy Yoga for Toddlers and Preschoolers: 8-Minute Routines to Help Your Child Grow Smarter,

Be Happier, and Behave Better Mad at Everything: How to Control Your Temper, Let Go of Anger, and Live a Happier Life: Your Guide to Anger Management, Controlling Your Frustration, and Living a Happier Life Non Alcoholic Fatty Liver Disease Liver Cleanse Diet & Recipes: because a happier liver makes a happier life! Sleeping Through the Night, Revised Edition: How Infants, Toddlers, and Their Parents Can Get a Good Night's Sleep Parenting: SINGLE PARENTS' BOOK: HOW TO BE THE BEST MOM AND DAD AT THE SAME TIME! 11 RULES ON HOW TO RAISE GREAT KIDS ALONE (Single, Parenting, Parenting Toddlers, Single Parenting) Yoga Exercises for Teens: Developing a Calmer Mind and a Stronger Body (SmartFun Activity Books) Calmer Waters: The Caregiver's Journey Through Alzheimer's and Dementia Good Parents Worry, Great Parents Plan: The Guide to Protecting Your Child with a Will and Trust Abandoned Parents: The Devil's Dilemma: The Causes and Consequences of Adult Children Abandoning Their Parents La parole aux parents: Echanges entre parents d'enfants handicapés sur différents thèmes (French Edition) Potty Training In 3 Days: Quick And Easy Guide To Potty Training Your Toddler In As Short As 3 Days (potty training, toddlers, toddler, toilet training) Parenting: Parenting Toddlers: An Effective Child Care Guide To Potty Training, Nutrition, Hygiene, & Proper Sleeping Habits For A Happy Healthy Toddler Separation Anxiety: A Parent's Guide for Dealing with a Child's Separation Anxiety ~ (Separation Anxiety Disorder | Separation Anxiety in Children or Toddlers) Toy Making and Toy Games: How To Make Your Own Simple Wooden & Paper Toys and Easy to Play Games - Suitable for Toddlers, Kids and Adults! Freeing Your Child from Anxiety, Revised and Updated Edition: Practical Strategies to Overcome Fears, Worries, and Phobias and Be Prepared for Life--from Toddlers to Teens Nourished Beginnings Baby Food: Nutrient-Dense Recipes for Infants, Toddlers and Beyond Inspired by Ancient Wisdom and Traditional Foods

[Dmca](#)