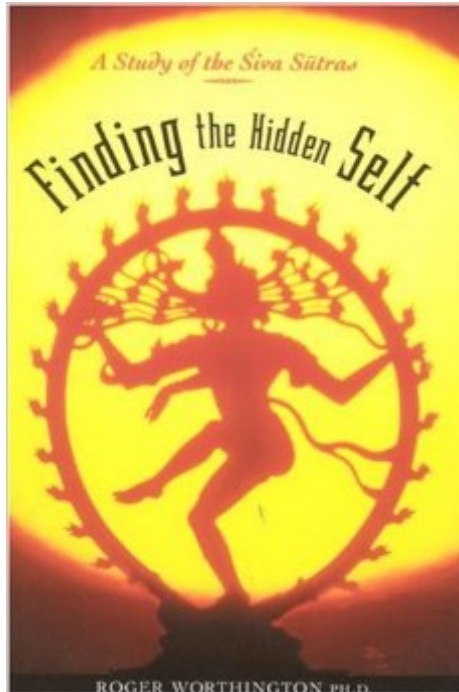


The book was found

Finding The Hidden Self: A Study Of The Siva Sutras



Synopsis

An exploration of the Siva Sutras which describe the creative principle behind the universe and how it manifests to human consciousness.

Book Information

Paperback: 250 pages

Publisher: Himalayan Institute Press (February 8, 2007)

Language: English

ISBN-10: 0893891851

ISBN-13: 978-0893891855

Product Dimensions: 5.6 x 0.2 x 8.6 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,665,354 in Books (See Top 100 in Books) #77 in [Books > Religion & Spirituality > Hinduism > Sutras](#) #47429 in [Books > Religion & Spirituality > New Age & Spirituality](#)

Customer Reviews

When I first searched .com for books on the Shiva Sutras, this one did not show up in the results. But this slim volume has much to offer on the subject. Other books on the Shiva Sutras run into hundreds of pages, which are mostly commentary, since the 78 sutras themselves can be presented on four or five pages. The commentaries contained herein are insightful and concise. Scholars may benefit from works containing more extensive commentaries, but those who wish to use the sutras as a meditative practice will find this book well-suited to that end. A helpful Sanskrit spelling and pronunciation guide is included, and the sutras are printed in easy-to-read type, both in Devanagari and transliterated Sanskrit, with an English translation and brief commentary. Roger Worthington's work is a fine introduction to the Shiva Sutras, and any student of yoga and meditation would greatly benefit from its study.

This book is filled with some really great mantras. I incorporate them into my meditation and love it! My only complaint is that I felt the book did a poor job showing the English pronunciations. I do not know Sanskrit so I ended up having to spend a great deal of time trying to find better pronunciations for the mantras online.

[Download to continue reading...](#)

Finding The Hidden Self: A Study of the Siva Sutras The Aphorisms of Siva: The Siva Sutra with Bhaskara's Commentary, the Varttika (Suny Series in Tantric Studies) Inside The Yoga Sutras: A Comprehensive Sourcebook for the Study and Practice of Patanjali's Yoga Sutras Self-Discipline: Achieve Unbreakable Self-Discipline: How To Build Confidence, Willpower, Motivation, Self-Belief And Master Your Life!: Self control, ... Self-Confidence, Self-esteem, Organizing) Self-Love: The 21-Day Self-Love Challenge - Learn how to love yourself unconditionally, cultivate self-worth, self-compassion and self-confidence (self ... happiness) (21-Day Challenges Book 6) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Buddhist Sutras: The ULTIMATE Collected Works of 10 Famous Sutras (With Active Table of Contents) Self Hypnosis for Beginners: The Ultimate Guide With Systematic Steps To Master Self Hypnosis (Self Hypnosis, Self hypnosis as you read, Self hypnosis diet) Self Hypnosis: The Ultimate Beginners Guide To Mastering Self Hypnosis In 7 Days (self hypnosis, self hypnosis diet, self hypnosis for dummies) SIVA PURANA Dancing with Siva: Hinduism's Contemporary Catechism (Master Course Trilogy Book 1) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness HYPNOSIS FOR WEIGHT LOSS: SELF HYPNOSIS as you read (FREE Life Mastery Bonus Toolkit Included!) (Self Hypnosis As You Read, Self Hypnosis for Beginners, ... Weight Loss, Self Hypnosis Audio Book 3) Experiencing CBT from the Inside Out: A Self-Practice/Self-Reflection Workbook for Therapists (Self-Practice/Self-Reflection Guides for Psychotherapists) CCNP Self-Study: Building Cisco Remote Access Networks (BCRAN) (2nd Edition) (Self-Study Guide) The Hidden Code in Freemasonry: Finding Light through Esoteric interpretation of Masonic Ritual Unlikely Teachers: Finding the Hidden Gifts in Daily Conflict Finding Home (Finding Series, Book 1) Finding Peace (Finding Series, Book 3) Finding Forgiveness (Finding Series, Book 4)

[Dmca](#)