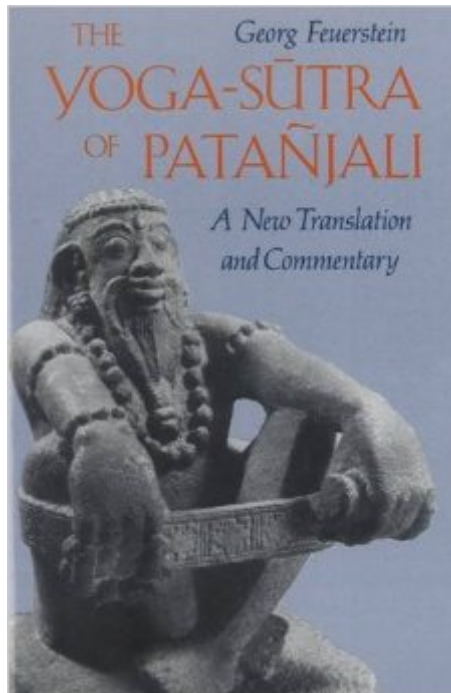


The book was found

The Yoga-Sutra Of Patañjali: A New Translation And Commentary



Synopsis

Approximately two thousand years old, The Yoga-Sutra of Patañjali is the landmark scripture on classical yoga. The translation and commentary provided here by Georg Feuerstein are outstanding for their accessibility and their insight into the essential meaning of this ancient and complex text. A scholar of international renown who has studied and practiced yoga since the age of fourteen, Feuerstein also brings to The Yoga-Sutra of Patañjali his experience as a professional indologist. His faithful and informed rendering of the aphorisms (sutras) is based on extensive personal research into the Sanskrit sources. Each word is explained so that the entire text becomes readily available to the western reader and student of yoga.

Book Information

Paperback: 196 pages

Publisher: Inner Traditions (December 1, 1989)

Language: English

ISBN-10: 0892812621

ISBN-13: 978-0892812622

Product Dimensions: 5.4 x 0.6 x 8.2 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 3.2 out of 5 stars [See all reviews](#) (13 customer reviews)

Best Sellers Rank: #225,658 in Books (See Top 100 in Books) #20 in [Books > Religion & Spirituality > Hinduism > Sutras](#) #518 in [Books > Religion & Spirituality > New Age & Spirituality > Spiritualism](#) #602 in [Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts](#)

Customer Reviews

This is one of Feuerstein's earliest works, written in the late seventies when he was around thirty years old. It is a young scholar's book, marked by impatience with the scholarly establishment's misconceptions and errors, and filled with enthusiasm for setting the old guys aright. It is vigorously pedantic and refreshingly candid. Inspired by the great Romanian scholar Mircea Eliade, who, in his monumental *Yoga: Immortality and Freedom* (1958) (see my review at), set the standard for all scholarly works on yoga, Feuerstein translates the most important Sanskrit word in Patanjali's scheme, "samadhi" as "enstasy," eschewing the usual and inadequate "ecstasy." Enstasy was Eliade's coinage. Both he and Feuerstein were understandably dissatisfied with "ecstasy" since it does not adequately convey the complex meaning of samadhi. Unfortunately neither does enstasy, and worse yet, the word is practically unknown in English. Webster's Unabridged Second

International Dictionary, which was the standard at the time, doesn't even list it. The solution of course is to avoid any attempt at a direct word-for-word translation of "samadhi" and instead allow the context to define it. That is the usual practice today. I make this point because I think it illustrates the kind of mistake that Feuerstein, who has gone on to become perhaps the world's leading academic authority on yoga, would not make today. Indeed in his *The Shambhala Encyclopedia of Yoga* (1997), relying upon a number of different yogic traditions, Feuerstein defines "samadhi" using various modifications and qualifications of "ecstasy" and does not employ the word "enstasy" at all.

[Download to continue reading...](#)

The Yoga-Sutra of Patanjali: A New Translation and Commentary YOGA: The Essential Guide To Yoga For Beginners (Yogananda, Yoga Anatomy, Yoga Poses, Yoga Sutra, Yoga For Men, Yoga Journal) Yoga For Beginners: An Easy Yoga Guide To Relieve Stress, Lose Weight, And Heal Your Body (yoga, yoga for beginners, yoga for weight loss, yoga guide, chakras, meditation) Yoga for Beginners: Top 10 Essential Yoga Poses (Yoga Meditation, Yoga Workouts, Yoga Books, Yoga Sutras) Kama Sutra: The Total History Of The Ancient Kama Sutra and Modern Uses Of The Love Book (Kama Sutra Love Book, Ultimate History) Kama Sutra: Your Desire of Love Making with the best essential Kama Sutra love Making Techniques, Ancient, Modern Touch! (Kama Sutra Series Book 1) Kama Sutra :Kama Sutra For Beginners, Discover The Best Essential Kama Sutra Love Making Techniques ! The Yoga Sutras of Patanjali "Integral Yoga Pocket Edition: Translation and Commentary by Sri Swami Satchidananda Yoga: Your Journey To Incredible Health, Weight Loss, and Ultimate Happiness (2nd Edition) (Yoga, Yoga for Beginners, Yoga Positions, Meditation, Mindfulness, Chakras, Mobility) Yoga for Kids: Safe Yoga Poses for Children ages 0-12: Starting Them Young: Children's Yoga Poses for Total Mind-Body Fitness (Yoga for Kds) Enlightenment: The Yoga Sutras of Patanjali: a New Translation and Commentary Raja-Yoga & Patanjali Yoga-Sutra by Swami Vivekananda Yoga: Discipline of Freedom. The Yoga Sutra Attributed to Patanjali Kama Sutra: The Ultimate Sex Guide To Kama Sutra, Love Making and Sex Positions - Secret Techniques For Your Sex Life! Sutra del Coraz n y Sutra del Diamante (Spanish Edition) 69 posturas sexuales del Kama Sutra / 69 Kama Sutra Sexual Positions (Tentacionex/ Temptations) (Spanish Edition) Kama Sutra: Kama Sutra Blackbook: Master the Art of Sex Through Ancient Teachings Kama Sutra For Beginners: Discover The Best Essential Kama Sutra Love Making Techniques ! Thinking Spanish Translation: A Course in Translation Method: Spanish to English (Thinking Translation) The Aphorisms of Siva: The Siva Sutra with Bhaskara's Commentary, the Varttika (Suny Series in Tantric Studies)

[Dmca](#)