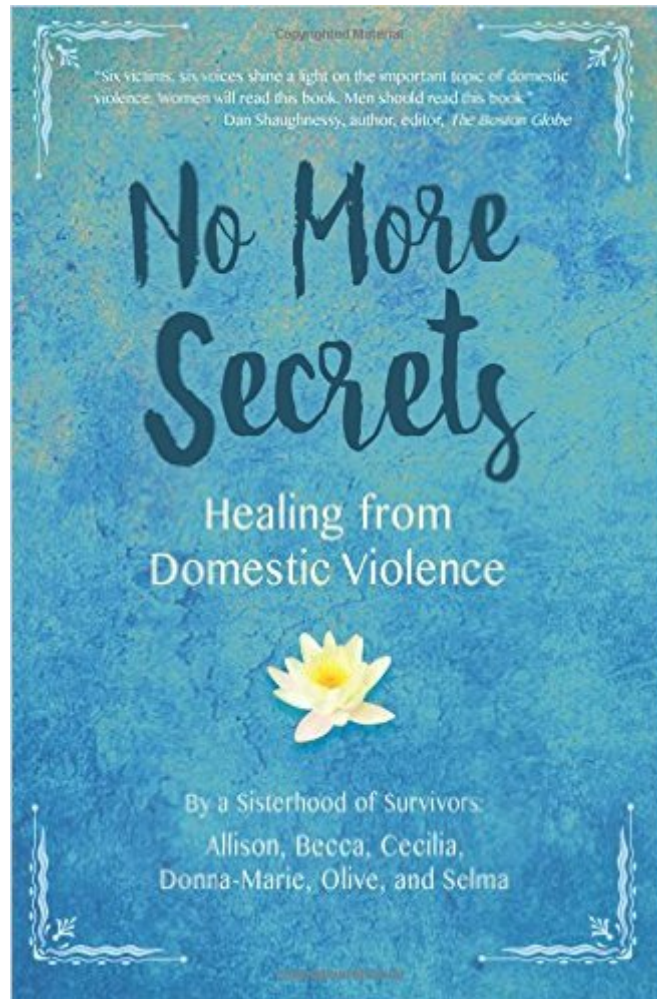


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# No More Secrets: Healing From Domestic Violence



## Synopsis

No More Secrets is the story of six women who participated in a narrative healing group at The Second Step â” a domestic violence non-profit in Newton, Massachusetts. In a series of deeply personal conversations spanning four years, the women share their experiences of Intimate Partner Violence, and in the sharing, begin to heal. Together, they wrote No More Secrets to educate, inspire, and offer hope to survivors, families and communities. â œNo More Secrets offers the best kind of help possible for women who are involved with abusive partners: the warmth, the wisdom, and the triumphs of other women who have come through destructive relationships, and who have found their way to freedom.â • - Lundy Bancroft, author of Why Does He Do That? Inside the Minds of Angry and Controlling Men â œBy bravely sharing their stories, Allison, Becca, Donna-Marie, Cecilia, Olive and Selma speak to the strength of community in the most challenging times. Overcoming domestic violence requires each of us to support survivors and send them a resounding message that they will never be alone â “ this book does just that.â • Congressman Joseph Kennedy III â œNo More Secrets is an extraordinarily intimate look at the emotional lives and bitter experience of those who have lived through domestic violence and emerged into a community of love and hard-earned wisdom. These voices ring out clear and true.â • Joyce Kulhawik, Emmy Award-winning journalist JoycesChoices.com

## Book Information

Paperback: 228 pages

Publisher: Babypie Publishing (August 9, 2016)

Language: English

ISBN-10: 1945446064

ISBN-13: 978-1945446061

Product Dimensions: 5.2 x 0.5 x 8 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #124,839 in Books (See Top 100 in Books) #57 inÂ Books > Parenting & Relationships > Family Relationships > Abuse > Partner Abuse

## Customer Reviews

"No More Secrets" is a wonderful resource, powerful reflection and quick read for those healing from domestic violence and for those facilitating the healing (doctors, nurses, educators, etc.). I learned so much more than I expected about the topic of domestic violence and the true, lengthy pain of the

entire family and paths to healing. I hope many who are still living with secrets about their own experiences with domestic violence will find this book a ray of hope and a path forward toward recovery. "No More Secrets" must also be required reading by those in the health care, counseling, legal and criminal justice fields, those on the front-lines of the care, healing and policy. Book clubs would also be blessed to read this book and discuss this mammoth issue in our culture. Can't give this book enough stars for its courage, bravery and resourcefulness.

This powerful, informative book draws on the actual words of six survivors of domestic violence (DV) who are brave enough to come forward with their tales of suffering, humiliation, fear and ultimately hope and healing. Their moving stories are organized into a coherent set of chapters that deal with different facets of the trauma and recovery; interspersed are short, educational text boxes that put the survivors' personal accounts into the context of research findings, policy, and other factual issues surrounding DV. For anyone who's ever wondered, "How could the abuse be so bad, why didn't the victim just walk out?" this book will give you the understanding, the facts and the empathy to take a whole new perspective. "No More Secrets" will certainly open your mind, and it might just change your life.

This book is more than the journeys of six incredible and strong women, as it tells their truly amazing stories within a context that helps the reader understand the dynamics and issues that lie at the heart of domestic violence. I am grateful that these brave women chose to share their stories and that they did so in a manner that increased my awareness and understanding of this issue. Thank you to all.

Six women bravely share their stories in this transformative book. Their firsthand accounts provide an insight into domestic violence and the power of sisterhood. How many times have you heard a story about domestic violence and asked yourself why didn't she just leave? The answer to that question and many more is found in this compelling and powerful book.

No More Secrets tells the amazing stories of six women who are survivors of domestic violence. It is their personal stories that inspires the reader of what is possible and shows that there is a road to recovery. It is a powerful story of sisterhood and healing.

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