Synopsis

The different sections in this book speak for themselves... Jung's own chapter introduces the reader to the unconscious, to the archetypes and symbols that form its language and to the dreams by which it communicates. Dr. Henderson in the following chapter illustrates the appearance of several archetypal patterns in ancient mythology, folk legend, and primitive ritual. Dr. von Franz, in the chapter entitled "The Process of Individuation," describes the process by which the conscious and the unconscious within the individual learn to know, respect, and accommodate one another. In a certain sense this chapter contains not only the crux of the whole book, but perhaps the essence of Jung's philosophy of life: Man becomes whole, integrated, calm, fertile, and happy when (and only when) the process of individuation is complete, when the conscious and the unconscious have learned to live in peace and to compliment one another. Mrs. Jaffe, like Dr. Henderson, is concerned with demonstrating, in the familiar fabric of the conscious, man's recurring interest in - almost obsession with - the symbols of the unconscious. They have for him a profoundly significant, almost a nourishing and sustaining, inner attraction - whether they occur in the myths and fairy tales that Dr. Henderson analyzes or in the visual arts, which, as Mrs. Jaffe shows, satisfy and delight us by a constant appeal to the unconscious.

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Customer Reviews

In the introduction to the book, John Freeman tells the story of how Jung came to get involved with the project. Apparently, the managing director of Aldus books had seen Jung on the BBC and was so struck by his warmth and personableness that he tried to persuade Jung to apply those same qualities to a book written for the general masses, rather than for psychologists themselves. While
at first refusing, Jung was swayed by one of his own dreams into changing his mind and agreeing to take on the project. Given that the book to a large degree dwells on dreams and what can be learned from them, it is an appropriate anecdote. The publisher does not get any praise for designing the cover in such a way that it implies Jung was the author of the entire book. He was the editor and wrote one of the chapters. Neither is the book an integral whole--the chapters treat different aspects of symbolism and the unconscious, each with their own viewpoint and flavor. The essays in the book are as follows: "Approaching the Unconscious" (Carl Jung)--for those who don't know his work, this is a very nice introduction to most of the basic points. "Ancient Myths and Modern Man" (Joseph L. Henderson)--examines symbols as they appear in both myth and modern day culture. "The Process of Individuation" (M.-L. von Franz)--treats patterns of dreams over the lifetime of the individual. A good look at the concept of Animus and Anima. "Symbolism in the Visual Arts" (Aniele Jaffe)--IMO the weakest chapter, looks at the progression of sacred symbol to art. "Symbols in an Individual Analysis" (Jolande Jacobi)--Describes the treatment through dream analysis of a young Swiss man.

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