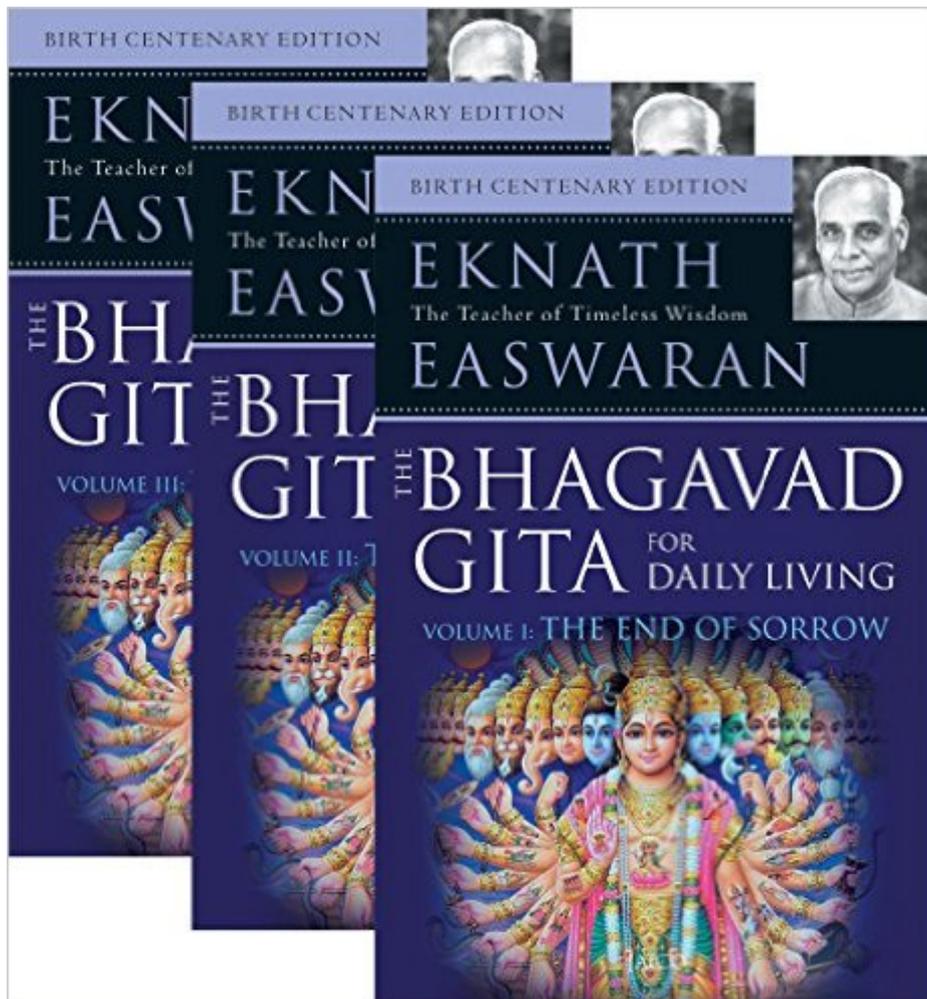


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# The Bhagavad Gita For Daily Living (3 Vols.)



## Synopsis

3 Vols. Contents: vol. 1. The End of Sorrow. ii, 425 p. vol. 2. Like a Thousand Suns. 455 p. vol. 3. To Love is to Know me. 519 p., Dimensions: 9.5x6.2x2.6This is the Indian edition, published by Jaico Publishing House in India (Laurier Books is the importer). This is not the original US edition published by Nilgiri Press

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## Customer Reviews

To have written such an inspired and inspiring guidebook to the Bhagavad Gita for living in the world and at the same time working toward self-actualization is quite a feat. It says so much about the spiritual life of this wonderful man. Living so far from any true spiritual teacher, I've become bound to these three volumes as a second skin. Eknath's words reach out to me and speak to me, see into my very center. I have no doubt he was a mystic himself, because his words could not have been mere repetitions of other mystics' writings, but rather a journal of his own journey toward actualization. I recommend it to anyone who's willing to take the plunge and live the words of the Bhagavad Gita in today's world...to read it and be guided by it every day.

I ordered this set because I thought it was the 3 Volume Nilgiri Press set as it says its a 70 dollar set, but it is a 750 rupees Indian set. Be Careful and don't buy this set but order each book separately

The Gita is a sacred text that's thousands of years old. But like nearly every sacred text from any religion, it's a flourishing spiritual perennial ready to guide each new generation to spiritual health

and a wealth of relationships. I have such gratitude for Easwaran's wonderful translations. (YogaRose described this one as "A rocking good read.") His books overflow with practical encouragement for anyone who is trying to awaken from the dream. I have been slowly going through these volumes and nearly every chapter has the exact message I need at the moment I read it. These are lessons I am longing to groc on a deep level, and in these books the way is clearly outlined. The Gita, and this translation and commentary in particular, is a perfect compliment to my meditation practice, my relationships with everyone in my large family and cohousing neighborhood, and the end-of-life nursing that I do in my community. The Bhagavad Gita for Daily Living (3 Vols.) Reading The Bhagavad Gita for Daily Living is like rolling a never ending college course and practicum together as one. I'm guessing I will spend a lifetime working therein; always learning, never fully graduated, but gradually, steadily, more loving and secure.

The Bhagavad Gita is the very quintessence of Hindu philosophy. Part of Book 6 of the great epic Mahabharatha, it is in the form of a dialogue between Lord Krishna and Prince Arjuna, set in a timeless moment on the battlefield of Kurushetra. Faced with the dilemma of fighting his kinsmen in the cause of justice, Arjuna becomes despondent and decides to forsake everything for a life of renunciation. But Lord Krishna admonishes him saying that his "renunciation", is born of his reluctance to perform his duty rather than spiritual wisdom and is therefore hypocrisy. True renunciation is a state of mind rather than a physical act. Lord Krishna explains that all can strive to cultivate this attitude of spiritual detachment even whilst living in the thick of family life by practising nishkama karma yoga i.e. performing one's duties with discipline and detachment. The Gita therefore is a practical guide to ordinary householders. Of the numerous English commentaries on the Gita that I have studied Sri Eknath Easwaran's "The Bhagavad Gita for Daily Living," in 3 volumes is by far the best. With practical insight and a gentle sense of humour, Sri Easwaran uses everyday events to show the application of the Gita's teachings. Using local incidents and international issues, Sri Easwaran inspires readers to practice the Gita and translate its timeless values into their daily lives. It will appeal to readers of any background.

Very respectful and illuminating. A joy to read. Well laid out. The classic is interpreted with an emphasis on the here and now. Thank you very much Mr. Easwaran.

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