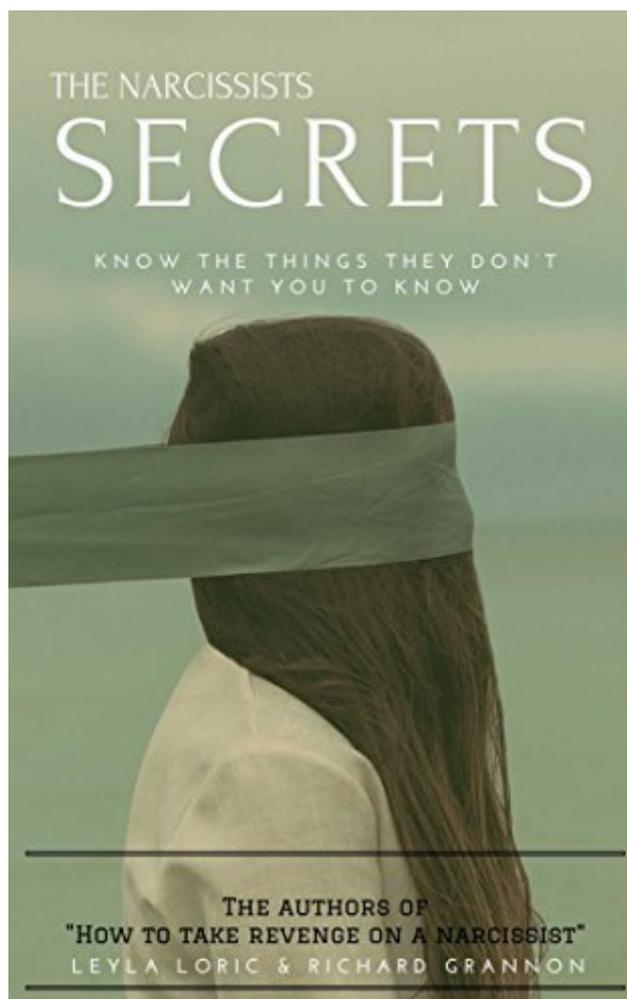


The book was found

THE NARCISSIST'S SECRETS: (Know The Things They Don't Want You To Know!)



Synopsis

Now you can learn the secrets no narcissist would ever want you to get hold of. The 10 secrets in this book are for people who:

1. Never, ever want to be drawn into a narcissistic relationship AGAIN! learn the secrets that narcissists play on to lure you in and BREAK THE CYCLE forever.
2. People who find themselves trapped in a narcissistically abusive relationship - if you simply knew the TRUTH of what was really going on in your relationship the narcissist knows very well you would be out of the door like a shot! they are praying you NEVER find out the secrets kept in this book that hold good hearted people in emotionally abusive relationships.
3. People who want to WALK AWAY for ever and never look back! Isn't it an irritating burden to even after having gone through the drama and upheaval of a break up with a narcissist (not to mention the expense, emotional, financial and time-wise) to have to carry them around in your head and your heart every day? The narcissist would hate for you to be shown the mechanics of why and HOW the narcissist makes you feel this way so that you can undo it and walk away FOREVER.

Looking for Revenge? Find out what makes you desire narcissistically abusive relationships, heal it, grow in self-awareness and strength and MOVE ON to a better life, leaving them in the dust. Nothing is more painful to a narcissist than to LOSE CONTROL over a victim and be discarded in the past by a victim who was not only "not crushed" by the break up but actually improved as a person as a result! This will have the narcissist frothing at the mouth with rage.

Book Information

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Customer Reviews

Richard Grannon (Spartan Life Coach) is a YouTube phenomenon and for good reasons: he prefers his deep and thorough knowledge of pathological narcissism in an entertaining, somewhat zany, and accessible way. He is also by far the best there is on how to cope with narcissistic abuse. I confess to being a great fan of his work. This slender tome, co-authored with Leyla Loric, is a distillation of this practical erudition. It identifies 8 "secrets" of narcissists: the things they do not want their victims and sources of narcissistic supply to know. The booklet then proceeds to provide extremely useful, concise, incisive, and insightful advice on how to deflect the narcissist's insidious, mind-bending traits, behaviors, and techniques and how to emerge intact, if not unscathed from the entire surrealistic experience. This is the summa summarum, the catechism of narcissism, narcissistic abuse, and survival. It is the ultimate User Manual. And as you never know when you will come across a narcissist and get run over by him or her, it is a must-buy insurance policy. Recommended unreservedly and wholeheartedly. Sam Vaknin, author of "Malignant Self-love: Narcissism Revisited".

Spot on! I had one epiphany after another and I have been studying this subject for the last few years. It is written in a way that is easily digestible. I was up until 3 am reading the entire book AND I will certainly refer back to it in times of doubt or need. Be warned though, some of the things are not easy to hear even though it is scarily accurate- get ready to get real. In one of the chapters Richard describes the narcissists communication style, where they act as if promises were never made- the response example was so accurate I found myself say HOLY Sh\$t out-loud- CRAZY that the responses the narcissist made were almost to the word- My thoughts were "SO I'M NOT THE CRAZY ONE"- Refreshing!!! Great inspiring advise along the way as well 'do not give them this power, instead find closure for yourself' seems simple in response to certain situations but sometimes in the cloud of confusion we can forget. I can't recommend this book enough. Thank you!

Very enlightening read. A real eye opener, shedding light and clarity on abusive behaviors, enabling "victims" to see things through a new lens. I would have given it 5 stars except for the horribly bad grammar and spelling errors. It was so bad that I actually wondered if it had originally been written in a foreign language and translated into English. Sadly, I fear the unprofessional writing will tend to diminish the credibility of the material for some readers.

This book even though being on such a heavy topic, didn't quite feel like it was such a heavy topic - the authors have written it in such a great way that it was very easy to read and comprehend. Very useful information. I laughed, I cried (literally lol)...I felt all the feels, but most importantly I was left feeling wonderfully empowered, and after years of feeling like I had lost all of my power, this has truly helped me regain my power back. I now "Know the things they don't want me to know.". I recommend this to anyone and everyone - seriously people read this book, you will be so glad you did! Thank you so much Richard and Leyla for all the amazing work you both do!

This offering from Leyla Loric and Richard Grannon is equivalent to about 10 years of top quality therapy, at least! Forever I tried to figure out how to stop clinging so desperately to any scrap or shred of what I thought was love. Accepting love crumbs, going crazy and hating myself for the way I was. "Recovering" from childhood is a process that seems to have taken decades, but this book directly addresses core issues with compassion, clarity, and a lot of kindness. The work of these two is truly an education. I never got this information from all the years of therapy. Certain relationships make so much sense now, and I believe that I can experience relationships in a new way if I am willing to practice new skills. Yes, the past hurts, and change is uncomfortable. But with this knowledge, I can express my true self, and not be ashamed of wanting to be loved. This book is beyond helpful, it's truly life changing.

This book so specifically calls out things that have been heretofore impossible to explain or identify. The day I read this book was the day I got free forever. I will be grateful to the authors every day of my life.

This little book will definitely help anyone looking for answers regarding narcissists. But it is too expensive and needs to be edited. \$10 for a 76-page book is not a reasonable price. And regarding editing, there are three issues. 1) The authors need to pick one gender-neutral form and stick to it. They start out mainly using he, him, his, etc. Then, somewhere in the middle, they switch to mainly

using they, them, their, etc. Then, by the end, they switch to mainly using him/her, he/she, etc. And they generally bounce all around with those forms throughout the book. It was quite annoying. Plus, they tend to use the masculine pronouns and adjectives when talking about narcissists and the female forms when talking about victims, which is just plain sexist against men and paints a false picture of who narcissists are. 2) As someone who teaches English as a Foreign Language, I can easily tell that most of the grammar and vocabulary errors are non-native. 3) The format makes for awkward reading with all sorts of boxes and words in bold print. I assume the words in the boxes are quotes, but no sources are provided. All of these editing problems made reading the book much less smooth than it otherwise would have been. I really hope the authors take this critique in the right spirit and edit their book because I believe that the contents are very important.

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