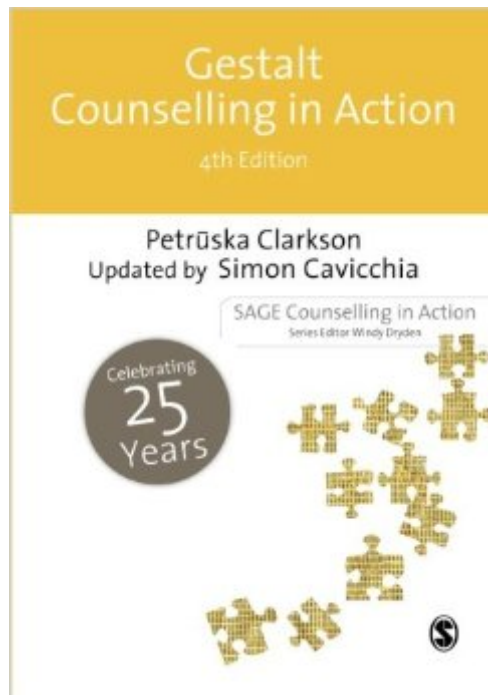


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Gestalt Counselling In Action (Counselling In Action Series)



Synopsis

Simon Cavicchia has oriented Clarkson's seminal work of Gestalt Counselling in Action within a more contemporary context, adding voices of significant and divergent thinkers as counter-point and extensions of the author's work. Michael Clemmens, Gestalt Institute of Cleveland, USA This popular and well written book which is now in its 4th edition provides an accessible and thorough introduction to the Gestalt approach. Danny Porter, Manchester Gestalt Centre Now 24 years old with over 40,000 copies sold worldwide, Petruska Clarkson's classic text is the definitive introduction to Gestalt therapy. This fourth edition, updated by Simon Cavicchia, covers the latest in Gestalt theory, research and practice. It includes: An extended case study running through the book to help you understand the process of therapy and the techniques used in each of the phases. Learning features and case examples translating theory into practice. New reflection sections showing you the most recent developments in the field. New material on the relational turn and research. As a student of Gestalt therapy, this is the one book you need to buy; it offers a uniquely practical and accessible approach to an often complex topic. Petruska Clarkson was a professor and fellow of the British Association for Counselling and Fellow of the British Psychological Society. Petruska sadly passed away in 2006. Simon Cavicchia is a primary tutor on the MSc in Gestalt Psychotherapy and Joint Programme Leader of the MSc in Coaching Psychology/MA in Psychological Coaching, both at Metanoia Institute, London.

Book Information

Series: Counselling in Action series

Paperback: 256 pages

Publisher: SAGE Publications Ltd; 4 edition (November 6, 2013)

Language: English

ISBN-10: 1446211282

ISBN-13: 978-1446211281

Product Dimensions: 5.8 x 0.6 x 8.3 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars See all reviews (1 customer review)

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This is a fascinating journey into the human psyche. It blends well with the way that I facilitate client-centered hypnotherapy, and deepens my understanding and sensitivity of clues from my clients. I am reading it as an e-book and I think it could have been structured just a bit more clearly which is why I didn't give it 5 stars. I am definitely recommending it to my students in my hypnotherapy program.

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