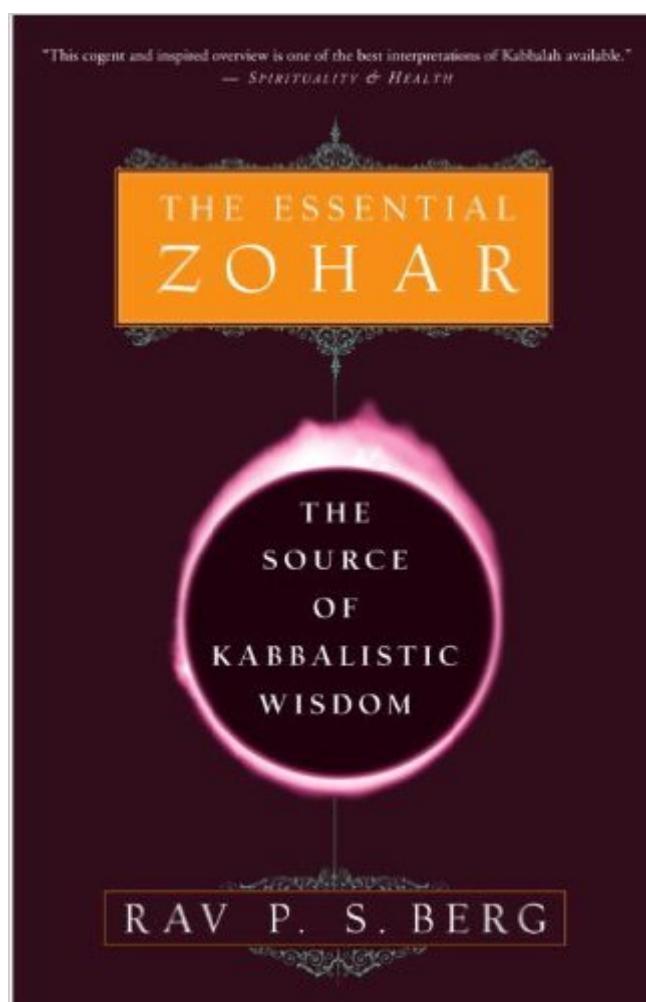


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The Essential Zohar



Synopsis

For thousands of years, no book has been more shrouded in mystery than the Zohar, yet no book offers us greater wisdom. The central text of Kabbalah, the Zohar is a commentary on the Bible's narratives, laws, and genealogies and a map of the spiritual landscape. In *The Essential Zohar*, the eminent kabbalist Rav P. S. Berg decodes its teachings on evil, redemption, human relationships, wealth and poverty, and other fundamental concerns from a practical, contemporary perspective. The Zohar and Kabbalah have traditionally been known as the world's most esoteric sources of spiritual knowledge, but Rav Berg has dedicated his life to making this concentrated distillation of infinite wisdom available to people of all faiths so that we may use its principles to live each day in harmony with the divine.

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Customer Reviews

In Part One: Foundations, the author explains that the Zohar is the central text of Kabbalah which is the spiritual heritage of all humanity. Kabbalah is not religious in the traditional sense of the term and isn't based on literal interpretations of scripture. Logical analysis is however an important tool for investigating spiritual matters. But logic in Kabbalah can take paradoxical forms. The authorship

and structure of the Zohar and its relationship to the Hebrew alphabet are discussed here, as well as the dissemination of the Kabbalah. Here I have also found one of the clearest and most accessible explanations of the Ten Sefirot and the Tree of Life. Part Two: Teachings, deals with creation, the Big Bang and the place where science and metaphysics meet. This section contains interesting discussions of fear, awe and the love of God, concealment, revelation, mercy, judgment, chaos, the Shekhina, temperance and certainty. Throughout, there are passages from the Zohar followed by Rav Berg's engaging and illuminating commentary which explains the working of concepts like Chesed (kindness), Gevurah (strength), Tiferet (balance) and Malchut (the earthly realm) with practical examples. It includes the famous story of the donkey driver and includes analyses of the nature of desire, the significance of strangers, chaos which is evil, and the Shekhina (The Presence). Part Three: Transformations, encompasses subjects as diverse as Noah and the flood generation, the story of Isaac, Jacob and his vicissitudes, Joseph's adventures, the golden calf, David and Batsheva. Other revelatory sections discuss concepts like soul mates, immortality, forgiveness, the reason why the wicked appear to be so strong, and how to connect to the Source of Life.

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