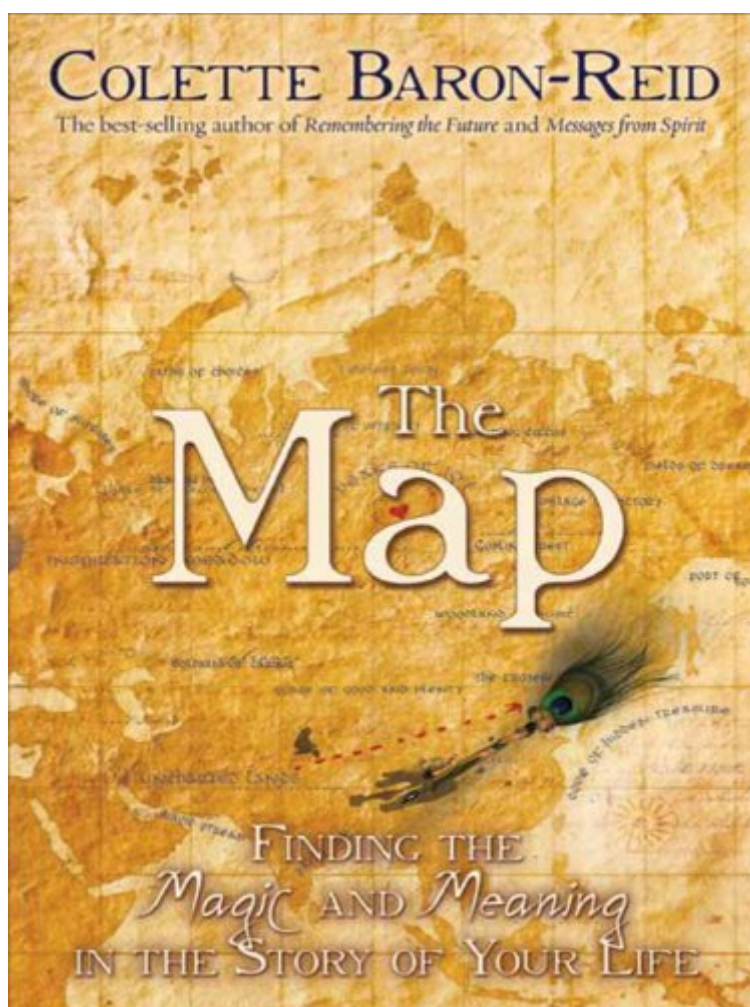


The book was found

# The Map



## Synopsis

Intuitive counselor Colette Baron-Reid is renowned for helping people create the purposeful and authentic lives they desire. In this fascinating book, Colette hands you the "magic wand" of your own awareness so that you can begin to perceive your life as a wonderful adventure, and see yourself as an enchanted mapmaker. Enter a deep journey into your inner landscape and meet the imaginary beings that hold the keys to the wisdom hidden in your subconscious: the Wizard of Awareness, the Gentle Gardener, the Bone Collector, and the spirits of the psychological terrain you traverse, who know where to find the treasure in each experience. Discover how to tame the mischievous trickster Goblin, who locks you into old habits. Each of these aspects of your psyche has lessons for you, and each responds to your directions, for you are in charge of your own map. You don't have to feel lost or disoriented in this time of global transformation, or be at the mercy of the winds of change. The Map invites you to boldly claim your power to direct your journey so that you may find meaning, purpose, and joy. Step into the magic, and harness the extraordinary power within you to shape your destiny.

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## Customer Reviews

Do you have competing thoughts in your head like I do? "Who do you think you are, writing book reviews? You are not a writer!" says one of mine. "You have insights to share - go for it!" says another. Colette Baron-Reid's new book, "The Map: Finding Magic and Meaning in the Story of Your Life" can help you sort out these conflicting messages. At first glance the approach Baron-Reid employs to explain the mysteries of the human mind did not appeal to me. She uses imaginary beings to identify the different voices in your head, with names like "the Goblin", "the Gentle Gardner", "the Bone Collector", and "the Wizard of Awareness". Most of my reading is of the non-fiction variety, and I didn't initially grasp the value of these fairy tale type characters. "As an intuitive counselor, I look beyond the surface of things and into the intricacies behind people's stories: the motivations, unseen patterns, hidden agendas, and ancestral legacy," Baron-Reid writes. To accomplish this goal she uses metaphoric language to paint an imaginary "Map" of your mind. "If you're willing to enter into a partnership with Spirit and allow your imagination to be ignited and inspired," she writes, "you'll be amazed by the results." "OK, I'll give this a try" I thought and I soon became absorbed into the mythical world of The Map. For example, Baron-Reid creates a character called "The Goblin" to represent negative messages you tell yourself. "Think of the Goblin as the trickster, which is the most troublesome and wounded aspect of your ego," she writes. To overcome these negative messages she says "when we name a Goblin, he no longer has power over us ... Just ask him `what is your name and birthday?"

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