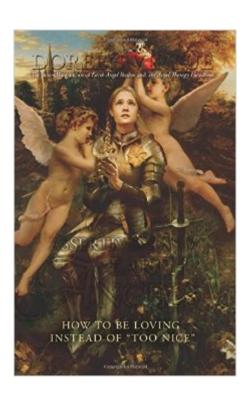
The book was found

Assertiveness For Earth Angels: How To Be Loving Instead Of "Too Nice"





Synopsis

 Â Â Do people take advantage of your niceness? Do you have trouble honestly communicating your feelings? If so, you may be an Earth Angel. In this groundbreaking book, Doreen Virtue teaches Earth Angelsâ "extremely sweet people who care more about othersâ ™ happiness than their ownâ "how to maintain their inner peace and loving nature while at the same time holding boundaries. Youâ TMII discover how to overcome fears about saying no, and how to ask for what you want from those around you and from the universe. Â Â Â A Assertiveness for Earth Angels is for anyone who wants to learn the art of speaking up in relationships and in their activism about issues related to the world. Whether you need more assertiveness with your family, on the job, or in your healing work, youâ ™ll appreciate Doreenâ ™s gentle-but-firm approach to negotiating your earthly needs in heavenly ways!

Book Information

Paperback: 240 pages

Publisher: Hay House, Inc. (November 4, 2014)

Language: English

ISBN-10: 1401928811

ISBN-13: 978-1401928810

Product Dimensions: 5.4 x 0.6 x 8.4 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars Â See all reviews (436 customer reviews)

Best Sellers Rank: #36,135 in Books (See Top 100 in Books) #55 in Books > Religion &

Spirituality > New Age & Spirituality > Angels & Spirit Guides #155 in Books > Health, Fitness &

Dieting > Psychology & Counseling > Applied Psychology #196 in Books > Religion & Spirituality > New Age & Spirituality > New Thought

Customer Reviews

I couldn't put this book down which is a rare feat for me. I may start a book and then I end up shelving it for some time or indefinitely as I've picked up another one and so forth. I'm sure I have some form of ADD. However, that was not the case with this book. I picked it up and was immediately pulled into it and I had to keep going without stopping. If I had to take a break or go to sleep, I was irritated as I wanted to finish it. It was that kind of book for me. This book is about Earth Angels who are highly sensitive human souls that want to help others and yet have a difficult time saying no. They also tend to be in and out of abusive or manipulative relationships because they

feel like they can fix everybody. They're afraid to make moves in life or knowing when to help or when to back off. Of course the definition is a lot more in depth than that. The author explains it in detail, but she also offers solutions to those that exhibit particular behavior patterns that are destructive or cause them to be taken advantage of. This book is jam packed with so much information on the nature of Earth Angels that it would be too lengthy to list it all here. Although I'm not an Earth Angel (or at least I don't believe I am), I still gained from this book because there were some behavior patterns discussed in this book that I could very well fall into from time to time. I found this book empowering as well as detailed and informational. Some of the many things covered in this book are things like learning to be more assertive, developing better communication skills, having boundaries and learning to say no, toxic and karmic relationships, trying to fix people, ridding oneself of negative traits like guilt, worry and fear.

Download to continue reading...

Assertiveness for Earth Angels: How to Be Loving Instead of "Too Nice" Do Me Instead! Instead of a Book by a Man Too Busy to Write One: A Fragmentary Exposition of Philosophical Anarchism Angels of Mercy/ Angels of Death: Doctors and Nurses who Murder Their Patients The 72 Angels of Magick: Instant Access to the Angels of Power Proof of Angels: The Definitive Book on the Reality of Angels and the Surprising Role They Play in Each of Our Lives The Angels Talk: The Message Board That Connects You To Your Angels Healing Angel Cards: Loving Guidance from the Angels Loving Someone with Bipolar Disorder: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series) The Assertiveness Workbook: How to Express Your Ideas and Stand Up for Yourself at Work and in Relationships Assertiveness: How to Stand Up for Yourself and Still Win the Respect of Others The Guide to Compassionate Assertiveness: How to Express Your Needs and Deal with Conflict While Keeping a Kind Heart Your Perfect Right: Assertiveness and Equality in Your Life and Relationships (9th Edition) Earth Angel Realms: Revised and Updated Information for Incarnated Angels, Elementals, Wizards, and Other Lightworkers Buildings of Earth and Straw: Structural Design for Rammed Earth and Straw-Bale Architecture Earth Medicine Earth Food The Stairway to Heaven: Book II of the Earth Chronicles (The Earth Chronicles) Mother Earth's Beauty: Types of Landforms Around Us (For Early Learners): Nature Book for Kids (Children's Earth Sciences Books) Mother Earth's Beauty: Types of Air Around Us (For Early Learners): Nature Book for Kids - Earth Sciences (Children's Weather Books) Earth Memory: Sacred Sites - Doorways into Earth's Mysteries

Dmca