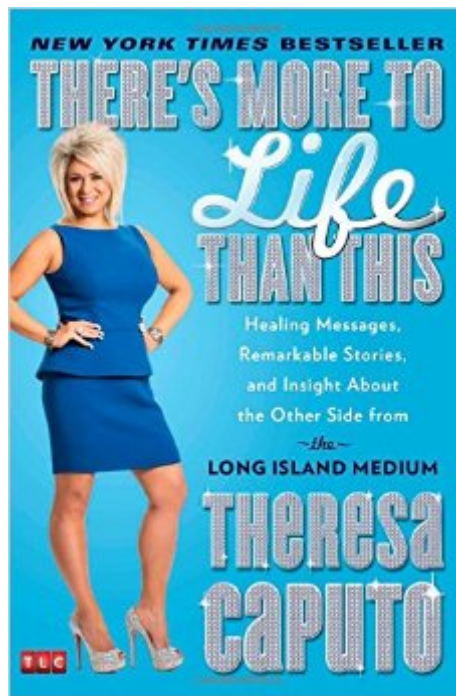


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There's More To Life Than This: Healing Messages, Remarkable Stories, And Insight About The Other Side From The Long Island Medium



Synopsis

For fans of TLC's Long Island Medium and anyone interested in the big questions of life, death, and finding out what's important in between, New York Times bestselling author and medium Theresa Caputo shares how she discovered her gift and her many encounters with Spirit. Beloved medium Theresa Caputo, star of the hit television show Long Island Medium, opens the door to her world and invites you to experience her exceptional gift of communicating with those who've crossed over to the Other Side. The always funny, frank, and down-to-earth medium—whether she's talking to her family, the local butcher, or the souls of those who've passed on—began communicating with Spirit at the age of four, but didn't fully accept her gift until she was thirty-three years old. She had a good life as a busy wife and working mom, but also suffered from chronic anxiety that, as it turned out, came from ignoring her abilities. Once Theresa began channeling, she realized that she felt much better after delivering a message from Spirit and releasing that energy. Since then she's used her extraordinary gift to help people heal from the loss of their loved ones. Theresa feels that it's her purpose to make us all aware that there is more to life than what we see here in the physical world. She wants you to know that your deceased loved ones are safe and at peace, and that they're now with you in a different way—watching over you, loving you, and assisting you from the Other Side. She also wants you to realize that the unexplainable things you sense and feel from these souls are real, and that it's healthy and essential to acknowledge them. There's More to Life Than This lends insight on how Theresa's mediumship works, what happens to your soul when you die, what Spirit says Heaven is like, what the deceased want you to know, the importance of living a positive life, and the many roles that your family, friends, angels, guides, souls of faith, and God play here and in the afterlife. It also explores how to safely connect with Spirit, so that you can recognize when your loved ones are reaching out. Through Theresa's personal story, compelling anecdotes, and fascinating client readings, she teaches us about how she communicates with Spirit and helps us to understand and appreciate the important lessons and touching messages that we're meant to embrace every day.

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Customer Reviews

As a self-professed spirit junkie, I've read dozens of books on 'the other side' (Van Praag, Edwards, Anderson, and Williams, Virtue to list a few). I am a big fan of Teresa's show. However, I was a bit scared that this book was going to be a rehashing of the show's content. I was hoping for something deeper, and I was very pleasantly surprised when I finished the book. TC does a great job of covering the various "behind the scenes" segments on how she communicates with the other side. She also delves into what she believes happens to us when we cross over, as well as a general structure of heaven. She goes over Life Lessons, angels, spirit guides and reincarnation in a way that the spirit novice could understand. She goes over why she believes we're here on earth, and also explains how we can also communicate with spirit. (Not to say that we will be at her level, because she feels mediumship is genetic). I love her even more after reading her book. Unlike some authors I've read on the topic, her humbleness really comes through. I really hope that her mainstream appeal will help open the door for more people to embrace spirituality. Five stars all the way. Ready to take the red pill? Check out [Journey of Souls: Case Studies of Life Between Lives](#) next.

I've listened to this book on audible.com over the past two days and I must say that I am so pleased. I read and study a lot of mediums and Theresa is wonderful. She is humble and very caring. She does not have an ego. Theresa has helped so many people understand the true gift of mediumship and has provided loving/caring messages from our loved ones on the other side. I have seen Theresa in person twice now, and she is incredibly good. This book is appropriate for people who know very little about the subject, to experts. Thank you Theresa for enlightening so many. While she doesn't care if you believe her, she truly does care about the people and the messages she delivers. Highly recommend and thank you Theresa for writing this book.

This was an awesome book and has helped me to understand and has answered a lot of questions I have had about spirits and the afterlife especially in the last four years since my daughter's passing. Thank you Theresa!

Theresa's TV series is touching and funny, but not real deep, so I didn't have high hopes for her memoir to have much substance. Was I wrong! Along with her co-writer, Theresa has written an engaging, deeply spiritual book that is appropriate for anyone who is interested in knowing more about why we are all going through this human experience. I love her candid matter-of-fact knowingness about God and the non-physical part of our journey. I actually got emotional when she admitted that this is her last incarnation - she has evolved to the point of learning all the lessons on earth that she needs to, and upon her transition she will remain in spirit. Which brings up some interesting thoughts... We are all trying to evolve - to become better human beings, learning the lessons of love and caring for our fellow man. Looking at Theresa, knowing what she has revealed in this book, you realize what is truly important in life. It's not having the best fitness, or the most rewarding career, or the best education. Life really is about reaching out to others, acknowledging their pain, sharing a smile and some kind words, reassuring them that all is well, etc. WWJD, as they say. Well, she is doing it. There's so much focus in the TV show on proving over and over that "she's the real deal", but that misses the point. She has hugely important spiritual lessons to teach us - that is where the producers need to focus. We're lucky to be alive to see this lady do what she does so well - what a treat!

My husband my love and soul mate passed away 2yrs. Ago. Through my happy and sad tears I now understand better that he is still with me and how his passing made me a better person and more spiritual. Thanks Theresa for explaining things in a way it was easy for me to understand I recommend this book to everyone. God bless you. I pray our paths cross someday.

I lost my husband 2 years ago. I've never felt so lost. Theresa answered so many of my questions. Thank you so much.

Theresa's book reads just the way she talks. It's definitely her story told her way. Beginner's to the world of mediumship will enjoy this thoroughly as it is very basic.

I loved this book. I read it cover to cover. I have had my own experiences with relatives who have passed and or angels. It verified a lot of things I had experienced. It was very healing, and I appreciated the information on soul growth. I was surprised at the end to read the information from the writer. She definitely captured the Theresa we see on the TV . This is a good book for people who struggle with many issues.

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