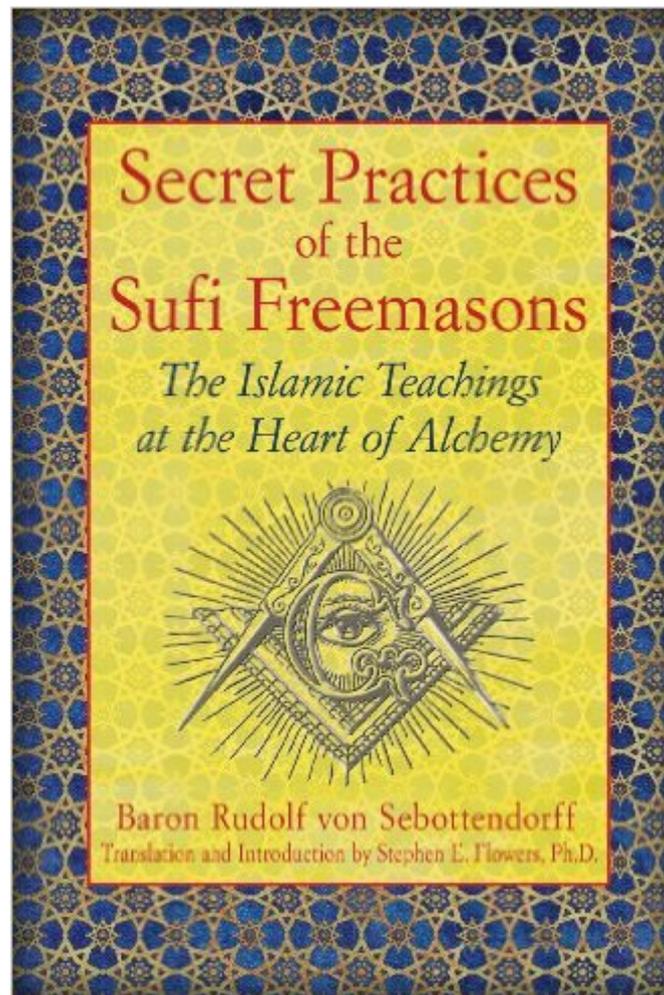


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# Secret Practices Of The Sufi Freemasons: The Islamic Teachings At The Heart Of Alchemy



## Synopsis

Reveals the secret spiritual exercises of the Bektashi Order of Sufis • Shows how this order, also known as Oriental Freemasonry, preserves the ancient spiritual doctrines forgotten by modern Freemasonry • Explains how to transform the soul into the alchemical Magnum Opus by combining Masonic grips and the abbreviated letters of the Qur'an • Includes a detailed biography of Baron von Sebottendorff

Originally published in Germany in 1924, this rare book by Baron Rudolf von Sebottendorff reveals the secret spiritual exercises of the Bektashi Order of Sufis as well as how this order, also known as Oriental Freemasonry, preserves the ancient spiritual doctrines forgotten by modern Freemasonry. Sebottendorff explains how the mysterious abbreviated letters found in the Qur'an represent formulas for perfecting the spirit of the individual. When combined with Masonic hand signs and grips and conducted accordingly to a precise schedule, these formulas incorporate spiritual power into the body and transform the soul from its base state into a noble, godlike state: the Magnum Opus of the medieval alchemists. Laying out the complete program of spiritual exercises, Sebottendorff explains each abbreviated word-formula in the Qur'an, the hand gestures that go with them, and the exact order and duration for each exercise. Including a detailed biography of Sebottendorff and an examination of alchemy's Islamic heritage, this book shows how the traditions of Oriental Freemasonry can ennoble the self and lead to higher knowledge.

## Book Information

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## Customer Reviews

An odd little book about a Turkish Sufi Masonic order that is a translated reprint of an earlier and

very rare work. Of interest to scholars of Masonic Ritual, readers of Idries Shah, Aleister Crowley, and Sir Richard Burton. One might point out that the title could be considered somewhat off-point, if not misleading, but it is difficult to imagine how it might be differently titled, odd and curious work that it admittedly is.

This book desperately needs illustrations to go along with what the author is writing. Sufi meditations and Masonic work require the use of certain hand positions and grips all of which have specific meanings. The author describes what the hand positions and grips are supposed to look like but illustration or pictures would do a much better job. This book may be more appropriate for someone with a more advanced knowledge of Sufi practices and freemasonry. I did not get much out of this book at all. In fact I captured a small part of it To be fair some books should not be made available to the public as the meaning can be missed or misconstrued. The book starts off with a history of Sebetendirf and how he being the typical German feels more than a healthy dose of national pride and a strong urge of wanderlust. This German fell in love with Turkey and met a Jewish bektashi family. Bektashi is a school of Sufism and Sufis accept everyone regardless of background. This Jewish family also was well versed in the Kabbalah and Rosicrucianism. The book then follows with a history of Islam and Sufism. The meat of the book discusses different hand positions and grips along with meaning of mantra like sounds. The book has an outline of practice. Personally if one is interested in these subjects I would look elsewhere. I normally like Mr. Thorsons work but not this one.

This book is a must read for all of those interested in the occult. I love it, been suggesting this book since I started it, Sheds a lot of light on Freemasonry and the Sufis, as far as information on the Sufis go, it ranks right up there with The Sufis by Idries Shah.

A remarkable book which sheds light on so many aspects of agonistic practices. In particular I found the alchemical processes, within that may take place as a result of such practices to be a real possibility.

Good read for Esoteric learners trying to grasp concepts. Author may have been trying to show how the scientific keys work to understand Esoteric knowledge. Good read to have Esoteric learner's libraries.

I was very impressed with the simplicity, straight to the point instructions. This is not meant for the ordinary person, it requires a brave open-minded person with true sincerity and diligent disciplinary actions. For those who want the easy way, this is not for you. Only those with patients can gain the true wisdom and understanding of this valuable little book of middle eastern Sufi teachings.

Practises of the Bektashi order, a shi'i sufi order which exists mostly in Turkey & Albania but was also the religious order to which the Janissaries, the Ottoman elite military force belonged.

A very informative book concerning Freemasonry and the Ancient Middle East involvement. A good reference book for the library.

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