Endless Light: The Ancient Path Of Kabbalah

Endless Light
The Ancient Path of the
KABBALAH

to Love, Spiritual Growth, and Personal Power
DAVID AARON

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After years of careful study, David Aaron helps us find the answers to life's questions as revealed in the Kabbalah, the mystical tradition of Judaism. Unlike other works on the Kabbalah, which are often academic, abstract, and unrelated to our everyday challenges and concerns, Endless Light is a thought-provoking, practical guide that illuminates our path in life. Rich in personal stories and anecdotes, Endless Light offers a deeper awareness of ourselves, our inner conflicts, and the way we understand and receive life's bounteous gifts. Drawing upon the profound, timeless teachings of the ancients as well as on his own contemporary insights, David Aaron helps truth-seekers of all faiths to enrich their lives, strengthen their faith, and enjoy more meaningful relationships.

Book Information

Paperback: 176 pages
Publisher: Berkley; Reprint edition (November 1, 1998)
Language: English
ISBN-10: 0425166295
Product Dimensions: 5.3 x 0.5 x 8.2 inches
Shipping Weight: 5.6 ounces (View shipping rates and policies)
Average Customer Review: 4.7 out of 5 stars - See all reviews (35 customer reviews)
Best Sellers Rank: #162,771 in Books (See Top 100 in Books) #68 in Books > Religion & Spirituality > Judaism > Kabbalah & Mysticism #122 in Books > Religion & Spirituality > Judaism > Jewish Life #217 in Books > Religion & Spirituality > Judaism > Sacred Writings

Customer Reviews

If no one said anything, you might not even know that there's anything Kabbalah in the book. It's a very light reading with a lot of positive info and wisdom. I truly enjoyed the read and it has stuck with me over the years and made a valuable impact.Here's a small excerpt of one of my favorite sections to give you a general idea of the type of teaching inside: "So let's go back to the beginning of creation again. In the very opening sentences of the Torah we are told that the first human being was created in G-d's own image. And what was that image, you might ask? Consider the possibility that the first human being was actually a single entity that included both sexes. If you don't believe me, read Genesis, chapter 1, verse 27. This is the Soncino Press version of that very puzzling sentence, from which it is apparent that the translator had some trouble juggling genders: "And G-d created man in His own image, in the image of G-d created He him; male and female created He
them."

"So there we have it - the first human being, both male and female. And in this union of the sexes, in this oneness of the sexes, the first human being reflected the image of G-d - a oneness that includes otherness and yet remains one." Incidentally, this notion is clearly expressed in the words of a Jewish wedding ceremony. When two people get married, this blessing is recited: "Blessed are You, Hashem, King of the Universe, Who created the human being in Your image."

Why is this blessing said at a wedding ceremony? Wouldn’t it be more appropriate to say such a blessing when a child is born? The answer is no: it is through the uniting of a man and a woman that the image of G-d is most closely reflected."

"This is a very important concept.

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