Living A Jewish Life, Updated And Revised Edition: Jewish Traditions, Customs, And Values For Today's Families
Living a Jewish Life describes Judaism as not just a contemplative or abstract system of thought but as a blueprint for living fully and honorably. This new edition builds on the classic guide, which has been a favorite among Jewish educators and students for years. Enriched with additional resources, including online resources, this updated guide also references recent changes in the modern Jewish community, and has served as a resource and guide for non-Jews as well as Jews. Addressing the choices posed by the modern world, Living a Jewish Life explains the traditions and beliefs of Judaism in the context of real life. It explores the spectrum of liberal Jewish thought, from Conservative to Reconstructionist to Reform, as well as unaffiliated, new age, and secular. Celebrating the diversity of Jewish beliefs, this guide provides information in ways that readers can choose how to incorporate Judaism into their lives. Readers will learn how to choose the right synagogue, and discover the meaning and significance of lighting Sabbath candles. "Shabbat," "Torah," "kosher," "mitzvah" and other key words are all defined in all of their complex and potent meanings. On the most basic level, this book explains the essential Jewish vocabulary, but more importantly, LIVING A JEWISH LIFE is a sensitive and comprehensive introduction that reveals the timeless nature of Jewish tradition, rich with history and relevant in the modern world.

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Customer Reviews
Anita Diamant has written several excellent how-to guides on liberal (Reform) Judaism, including Choosing a Jewish Life: A Handbook for People Converting to Judaism and for Their Family and Friends, Living a Jewish Life, Updated and Revised Edition: Jewish Traditions, Customs, and Values for Today’s Families, The New Jewish Wedding, Revised, and the The New Jewish Baby
Book: Names, Ceremonies, & Customs—a Guide for Today's Families. Her 1991 work Living A Jewish Life has been given a much-needed cosmetic facelift, both in appearance (the typeface and Hebrew are much easier to read) and the addition of an updated bibliography and online resources. I had the opportunity to review the original 1991 release and the 2007 update side-by-side, and these are my observations:+ First, a new preface that addresses the vast diversity of modern Judaism, as well as the author's own upbringing by Holocaust survivors (she considers herself a Jew-by-choice and only truly began to explore her heritage in her late 20s).+ The Table of Contents has been greatly streamlined, with fewer subheadings.

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